

NEWSLETTER

February 2026



LION KING THE MUSICAL

Principal: Mr J Oxley

Tel: 01638 714645 | Email: MCA-reception@attrust.org.uk | www.mildenhall.attrust.org.uk

X: [@MilCollege](https://twitter.com/MilCollege) | Facebook: [Mildenhall-College-Academy](https://www.facebook.com/Mildenhall-College-Academy)

Dear Parents, Carers, Students and Members of our MCA Community.

As we begin a (hopefully!) sunnier and brighter second half of the spring term, I am delighted to share with you the many successes and moments of pride that continue to define life at Mildenhall College Academy. At MCA, our simple but powerful ethos—work hard, be kind—remains at the heart of everything we do. This term's achievements demonstrate just how deeply our students embody not only this ethos, but also our TRAITS of Togetherness, Teamwork, Ambition, Resilience, Inquisitiveness and Success.

We are incredibly proud that our attendance remains above the national average. Excellent attendance is not just a statistic; it reflects resilience, ambition and a shared commitment between home and school to prioritise learning.

When students attend well, they achieve well—and this is evident across the academy.



Our Year 11 students have approached their second round of GCSE mock examinations with maturity and determination. Their focus and perseverance reflect true resilience and ambition as they prepare for the summer ahead. Similarly, our Year 13 students have now completed their mock examinations and received their Projected A Level and BTEC grades. Their hard work and thoughtful engagement with feedback demonstrate both inquisitiveness and a drive to be successful as they look towards university, apprenticeships and employment.

Beyond the classroom, our enrichment opportunities continue to bring learning to life. From the magic of The Lion King in London, to our Citizenship students visiting the House of Parliament, students have experienced first-hand the power of culture, democracy and performance.

Our Art students explored creativity and history at the Fitzwilliam and Zoology Museums in Cambridge, while another group gained invaluable insight into future careers through visits to AstraZeneca and a further study drop-in session with West Suffolk College. These experiences nurture inquisitiveness and ambition, helping students see the possibilities that lie ahead.

We are also proud of our Prefect team, who demonstrated teamwork and forward-thinking curiosity when invited to test a new autonomous bus—an exciting glimpse into the future of technology and transport.

Perhaps most powerfully, this term has shown the true character of our young people. We have witnessed extraordinary acts of kindness and bravery within our community: students helping an elderly lady who had fallen and sustained a facial injury, and in another instance, swift and courageous action from a student that contributed to saving the life of an unresponsive man found next to a river. These moments remind us that success is not measured by grades alone, but by the strength of our values and the compassion we show others.

We sadly say goodbye to two colleagues who have served us for a number of years:

- Miss Lavender- Social Sciences Faculty Leader
- Miss Goulding- Teaching Assistant

I am sure you will join me in wishing them all the best in their future endeavours and our gratitude for the meaningful contributions to our Academy and Community.

Thank you, as always, for your continued support. Together, as one community, we will continue to ensure our students work hard, show kindness and embody the TRAITS that make MCA such a special place.

With best wishes,



Mr J Oxley
Principal

Work hard; be kind

Working together; supporting individuals



Dates For Your Diary



Friday 13th February - Last Day of Half Term

Monday 16th - Friday 20th February - Half Term Break

Monday 23rd - Friday 27th February - Year 11 Mock Exams

Thursday 26th February - Year 12 and 13 Parents' Evening

Wednesday 11th March – Year 9 Barbican Music Trip

Wednesday 11th March – Ski Trip Information Evening

Thursday 12th March - Year 11 and 13 Information and Support Evening

Thursday 12th to Saturday 14th March – D of E Silver Practice

Friday 13th March - Red Nose Day - Non Uniform

Monday 16th March – Year 12 Practical Food Exams

Thursday 19th March – Year 9 Practical Pathway Evening

Friday 20th March – GCSE PE Moderation

Monday 23rd to Friday 27th March – Year 11 Music Performance Exams

Tuesday 24th and Wednesday 25th March – Drama Performance

Wednesday 25th March – Year 11 Prefect Trip

Tuesday 24th - Thursday 26th March – Year 11 Post 16 Interviews

Friday 27th March – House Cup Winner Non-Uniform Day

Friday 27th March - Last Day of Term

Saturday 28th March - Ski Trip Departs

Monday 30th March - Friday 10th April - Easter Break



Follow us on Facebook and X to keep up with important information and all the exciting things taking place at MCA and MCA6



Principal's Award

Well done to Lewis who is our first recipient of the new Principal's award.

This award is given to students for their contribution to the community.

Our next winner was Year 10 student, Milo Hunt who was nominated for raising lots of money for cancer research.

Our next nomination goes to Year 11 student Ryley Willers who was nominated for helping a member of the public after she had a fall in town.

Should you wish to nominate a student, please contact Mr Goodenough:

richard.goodenough@attrust.org.uk



MCA Students Praised

A lady stopped and spoke to a member of staff on Friday to say how great our students had been at an incident which occurred in town in the morning.

A lady had fallen and (possibly) broken her nose. She was having a very heavy nosebleed. One of our female students comforted the lady whilst a male student went into Morrisons and brought her a packet of tissues with his own money.

She said that there were a number of students who were extremely supportive and helpful. She couldn't praise them highly enough and wanted to make us aware.

If anybody knows the injured lady, we do hope she is recovering well and please send her our best wishes. Well done to all of the students involved!



Brave Children Honoured by Ambulance Service



Three children who raised the alarm after finding an unresponsive man by a riverbank have been recognised with bravery awards by East of England Ambulance Service NHS Trust (EEAST).

Jacob MacLeod, 10, Poppy James, 14, and Patrick Kroszkiewicz, 10, were playing in Lakenheath on the afternoon of New Year's Eve when they came across a man lying by the riverbank and in urgent need of help.

Realising something was wrong, the children ran to an adult couple they spotted nearby and explained what they had found. One of the adults immediately called 999 and once the situation was assessed by the call handler in the Norwich Emergency Operations Centre (EOC) an ambulance crew was sent to assist.

Although the man was breathing, he required urgent medical assistance. When the ambulance arrived, our crew were met by Jacob, who helped guide them to the man's location which was difficult to access due to the steep riverbank.

The man was treated on scene but, because of the muddy terrain and steep slope, specialist support was required. The Hazardous Area Response Team (HART) was dispatched from Melbourn Headquarters in Cambridgeshire.

Four HART paramedics and a HART supervisor attended the incident. Using their Toyota Hilux 4x4 vehicle, the team safely extricated the man from the riverbank before he was transferred to the ambulance and taken to hospital.

Jacob's mum Jade said the children took some time to process what they had witnessed.

She said:

"It really hit them the magnitude of what had happened once the ambulance arrived."

"We reassured them that they had done everything right. While Jacob has autism and can sometimes find unfamiliar situations challenging, on this occasion he remained calm, focused, and in control throughout."

"The whole community in Lakenheath has praised their actions, and to now receive a bravery award from the ambulance service is very special for all three of them. It reinforces that they did exactly the right thing."

Brave Children Honoured by Ambulance Service

Poppy's mum, Gemma, added:

"The fire brigade training Poppy received at school helped her stay calm at the time."

"This really highlights how vital early education is in helping children understand what to do in an emergency."

EEAST's Chief Paramedic and Director of Quality, Simon Chase, praised the children's calm thinking and swift action, highlighting the vital role they played in ensuring the man received urgent medical care.

He said:

"Because of Jacob, Poppy and Patrick's quick actions, we were able to assign an ambulance promptly and get the urgent care to the man when he needed it most."

"It was a real pleasure to present them with

bravery awards and to recognise that what they did that day was truly remarkable."



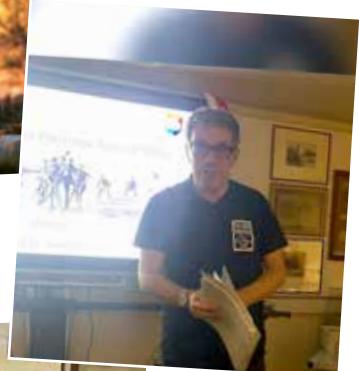
Mildenhall Museum Talk

In December Mr Lowis was invited to speak at Mildenhall Museum for one of their monthly history talks.

He spoke on the Christmas Truce of 1914 and then talked about the story of our Christmas Truce War Memorial which our students designed and then unveiled in Messines, Belgium in 2014.

It was a great opportunity to make links with our local community and to continue to let people know about our Memorial.

Check out Mildenhall museum's website for their Wednesday talks this year and if you want any more background to our school's War Memorial, Mr Lowis will be more than happy to talk to you!



WOW Week

Mr Oxley was delighted to award an Amazon gift voucher to a student in each year group selected at random.

Students eligible for the prize draw needed to have perfect attendance with no consequences last week.

Congratulations to the lucky winners!

Pictured left to right: Ava Pearson, Mr Oxley and Cory Gordon.



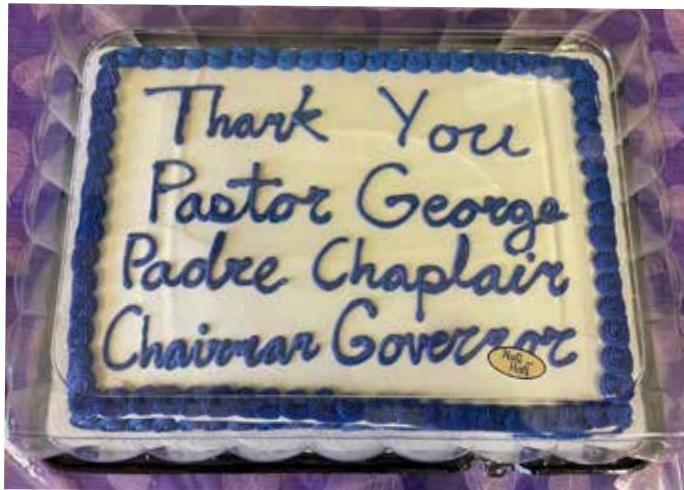
Lion King - The Musical

On Wednesday 14th January some students from Year 7 attended a production of Lion King the musical at the Lyceum Theatre in London.

As we arrived in good time, a short spell of sightseeing around Covent Garden was enjoyed by all, Mr Goodenough even had a nice conversation with Rob Brydon about the academy trip.



Reverend George Samiec Retirement



Since 2002 the Reverend George Samiec was the Pastor of the Ascension Lutheran Church in Brandon.

He had a vast amount of various community links, including being a Chaplin for the Police, Sea Cadets, Royal British Legion and West Suffolk Hospital to name just a few.

George was also a parent of students at MCT and he then became a Governor of our school for 18 years. He worked closely with the Humanities Faculty and joined us on a variety of Battlefield tours over the years.

He has now moved back to his native Australia with his wife Charlotte. On Sunday 11th January Mr Lowis attended his special leaving service as the representative of MCA and the many students and staff, both former and current, to thank George for his work.

As a leaving gift he was given a blanket which had sound messages from many people stitched into it as a lasting reminder of his work within our community.

We would like to thank George for all he has done for Mildenhall College over the years, and we all wish him a long and happy retirement.



Chess Club



We've began the Spring Term at Chess Club with the introduction of a brand-new initiative called 'Ten Tactics'. This is a club wide game where players pick puzzles based upon a specific area of chess theory (such as forks, sacrifices etc.) and need to get 5 puzzles right in that specific category before they can move on to a new one. Those students that reach the end of the game before the end of each half term (by getting

to 10 different tactics mastered) will win a prize.

Over at MCA6, we've spent the half-term welcoming new faces to the club and teaching them the basics of the game, which they have picked up really well. Our next steps will be to introduce these students to some of the more advanced principles of the game such as central control and pawn positioning.

As we head into the half term break, we've started the planning process for our second tournament of this academic year. We hope for there to be an event at both the main school and the sixth form building this time around, both events will also have a fun twist to them!

A reminder that we run sessions on Tuesday lunchtime in the Library, Tuesday after-school in F11 and Thursday lunchtime in SW9. We would love to see you at our meetings!

Houses of Parliament Trip

On Monday 5th January students enjoyed a tour of the Houses of Parliament and a walk around Westminster. The tour of Parliament was very informative and helped students develop a better understanding of the Parliamentary process. This was supported by a talk given by the local MP to Mildenhall, Nick Timothy, after which he engaged in debate and discussion with the students.

Following lunch, we toured Whitehall and saw the important sights such as 10 Downing Street, Trafalgar Square and the Horse Guard. This trip helped create interest in the political processes of the country, something that is becoming increasingly

important for the would-be voters of the next general election.



Excellent Progress Reviews

Students who were in the Top 20 of their year group for Attitude to Learning received a letter from Mr Oxley.

Well done and congratulations to all the students!



Art Trip to Cambridge

On Friday 23rd January, GCSE Art students visited Cambridge for an inspiring and creative day out.

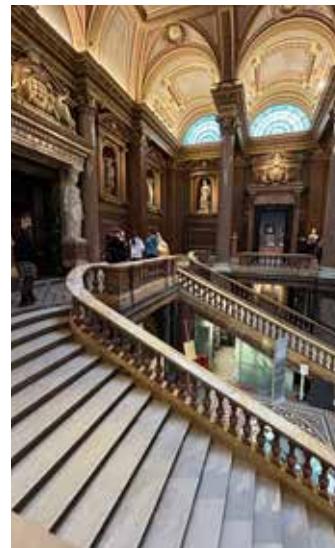
The trip included visits to the Fitzwilliam Museum and the University Museum of Zoology, where students were able to view artworks up close and explore a wide range of fascinating artefacts.

These provided excellent drawing references and visual inspiration. Year 11 students will use this research to support their exam unit, while Year 10 students are feeding ideas into their current projects.

Students also enjoyed time exploring the city centre, taking photographs and gathering further visual research.

The
Fitzwilliam
Museum
CAMBRIDGE

 MUSEUM OF
ZOOLOGY
UNIVERSITY OF CAMBRIDGE



Careers Trip to AstraZeneca



The Careers Team were really pleased that they secured, through a ballot system, 15 places to take some of our Year 9 students on an exciting and inspiring educational visit to the AstraZeneca STEM Inspiration Lab in Cambridge on Thursday 22 January 2026. The STEM Inspiration Lab day was designed to immerse students in real, hands-on science activities. During the day, students also took part in a guided walk through the AstraZeneca Discovery Centre, where they had the opportunity to observe researchers and scientists at work in a real-world scientific environment.

The visit aim was to inspire curiosity and provide valuable insight into careers in science, technology, engineering and mathematics.

Mr Goodenough and Mrs Seaney really enjoyed the day and would like to acknowledge how engaged and well behaved all the students were. Well done!

I enjoyed visiting a real lab and I now have a much better understanding of what scientists do for a living. It was fun getting to do a real experiment. It helped me understand this isn't what I want to do for a career - this doesn't mean I enjoyed it any less for this

though. It would be great to have a similar opportunity in engineering.

Yr 9 Student

It was so cool to see inside a real, working lab! Amazing to see all the different machines and the scientists working on them. A great trip!

Yr 9 Student

I really enjoyed the experiment and having the opportunity to see inside a real lab. It was really inspiring and exciting. The guided tour was so good, I did not realise how big it was or that over 2,000 people work there!

Year 9 Student



AstraZeneca 

Careers

West Suffolk College – Drop in Session



On Wednesday 4th February we were delighted to welcome Joanna and Hannah from West Suffolk College to host a drop-in session at lunch time for all our Year 11 students, as well some smaller guidance sessions.



WSC provided all our students with information and guidance on what courses are available through the College, as well as transport concerns and questions.

Other Events

We welcomed Harry from UEA on Monday 2nd February to talk to our Year 12 and 13 students about Student Finance.

Upcoming visit and workshop from College of West Anglia on Friday 27th February. Jody and Luke will be spending a whole day here at MCA, providing insight and information to all our students.

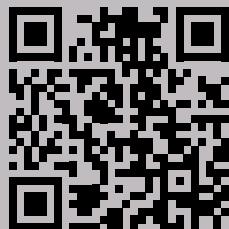
We are welcoming The Royal Airforce to MCA6 in March to talk about careers and pathways that are available within the RAF.



Autonomous Shuttle Project: Adastra - Suffolk County Council

Our Year 11 Lead Prefects were asked by Suffolk County Council Transport team to take part in a trial run of their new driverless electric vehicles. The vehicles were featured on BBC Radio Suffolk on Friday 6th February and our Prefects were instrumental in discussing how these shuttles may affect young people in the West Suffolk Area.

To find out more about the programme please visit this link: <https://share.google/c2ES4ZQhWBFRg9R7b>



Ice Skating

On Monday 26th January Year 7 student, Austeja Baleviciute, travelled to Deeside in Wales to participate in an ice dance competition.

We are delighted to share that she won silver and bronze medals for her performance.



U13 Girls Football – Suffolk Cup 3rd Round



On Thursday 5th February the U13 Girls made the long travel to East Bergholt to play in the Suffolk Cup third round. The first half was a tightly contested match with East Bergholt snatching a flattering 1-0 lead just before the break.

The scoreline felt unjust as MCA had battled hard in midfield and defended resolutely and unfortunately had seen 2 chances go just by the wayside.

In the second half MCA were much improved and more in the game. Some huge chances went begging but eventually MCA smashed one home from the edge of the box off of an indirect free kick to get MCA back in the cup tie and level it up at 1-1. It was last minute heartbreak that won it for East Bergholt as a deflected free kick fell to the East Bergholt striker who tucked it past the goalie to steal it at the death. MCA's inability to make changes and introduce fresh legs ultimately being their downfall.

Full time, East Bergholt 2-1 MCA. Unlucky ladies, well battled!

Cross Country at Woodbridge - Suffolk Schools Championships



On the 15th January it was the cross-country finals, of which 5 students qualified from the previous round at the Royal Hospital School, Ipswich. The day came with 'perfect' cross country weather, loads of rain, mud, and cold wind. Nevertheless, the conditions did not dampen MCA's spirits.

The first race of the day for us was the minor boys (Year 7) race, this was a 2-lap race which was made slightly longer due to them cutting out a part of the course that was too slippery. Alfie Brewer, Ethan Lee and Joseph Middleton starred in this race, with all three of them showing brilliant determination from start to finish.

Alfie ran a good race and finished highest in 60th position with a good run with Ethan not far behind. Joseph showed resilience still finishing strong after getting kicked near the start of the race.

The second race for us saw Max Rutter and William Rudge take to the course, that was now getting increasingly muddier as the races went on. The conditions for their race had got worse with the rain being a lot harder as well. Max ran a strong race here

from start to finish and despite the course being very slippery he managed to finish in a very impressive 31st position. Will was not far behind, coming in 44th. He will be hoping for a better finish next year when he will be in the top year group for this race.

Overall, despite the rain, wind and mud the MCA team ran very well and showed a high amount of resilience the whole way through.



U16 Football vs Finborough

On Tuesday 20th January, the Year 11 boys travelled to Needham Market FC, to play Finborough in the third round of the Suffolk Cup. The boys were up for it, and up against a tough outfit.

The game was off to a quick start, with MCA looking like the better team, on the front foot. MCA were playing some good, confident football across the pitch. This was starting from Ben Cross at the back, going throughout the pitch. On 7 minutes, Finborough came close to creating a good opportunity, however Aedan Bennett was composed with his defending and kept strong to stop the attack. From there, MCA managed to get the ball up the pitch and win a throw in the final third. Henry Edwards went on a good run across the touchline,

before cutting the ball back for Bailey Gibbs to open his body up and slot it in the far corner. 1-0 MCA, and well deserved.

The confidence running through MCA was high, with good football being played, trying to keep the ball moving well. Sometimes, in the wrong areas, gifting Finborough a couple of good chances to make the game level. Let off for MCA.

A few minutes later, MCA again worked themselves into a dangerous position. This time Max Rose had a good opportunity to give MCA a comfortable lead, however ended up hitting the side netting.

The game continued to flow nicely and was often end to end, with both teams creating chances. Some nice touches from Zach Hurren helped bring others into play, with Josh Langley and George Woolard keeping it tight in the midfield making it difficult for Finborough to break through. Eventually, Finborough scored in the last minute of the first half, making it level going into half time. The boys were devastated and didn't deserve it.

The second half started, and Finborough came out the stronger side. This continued for most of the second half, with MCA having their backs to the wall, defending hard. Eventually, Finborough scored a second 15 minutes into the second half, through a good ball into the box, making it difficult to defend. Defending continued to be strong, from the likes of Saul Andrews, and Zac Cadman who frustrated the Finborough winger. MCA were good on the counterattack, with powerful runs and hold up play from Bailey, allowing to bring others into the game. Unfortunately, chances were limited.

Henry Edwards was causing all sorts of problems for the entire Finborough team, with no one able to get close to him. On 60 minutes, Henry received the ball on the halfway line, before taking on 5-6 Finborough players and being fouled inside the Finborough box. Penalty to MCA. Henry stepped up and scored comfortably, to make it 2-2 with 10 minutes to go.

The game continued in the same way for the last 10 minutes of the game, with both teams working hard, wanting to get the result they wanted. As we get closer to the final whistle (70 minutes) the game looks like it's heading to penalties. 71 minutes, Finborough got a shot off from just inside the box... a slight deflection takes the ball away from Ben and rolls into the back of the net. 3-2 Finborough.

The lads gave everything for the entire game, showing resilience and giving absolutely everything. The result unfortunately didn't go our way, but the MCA team should be extremely proud of the efforts and dedication.



Follow the PE Faculty on twitter
@MilPEdept

Year 8 Sports Hall Athletics at Newmarket



Year 8 students represented Mildenhall College Academy with pride at the recent Indoor Athletics event, demonstrating outstanding commitment, teamwork, and ambition throughout the day.

One of the standout performances came in the girls' two-lap race, where Kaitlin Manuel showed exceptional determination and speed to secure first place, closely followed by Brooke Gathercole, who ran a fantastic race to finish second. In the boys' two-lap race, Max Manns delivered a confident and focused performance to claim first place, reflecting the MCA trait of Ambition.

Teamwork was on full display in the boys' eight-lap Paarlauf, where players worked together brilliantly to achieve first place. Their success highlighted the importance of community and teamwork, supporting one another to achieve a shared goal.

In addition to the track events, both the girls and boys achieved strong results in the throwing events, showing resilience and a positive attitude as they challenged themselves across different disciplines.

Overall, it was a fantastic day for Year 8, with students demonstrating Respect, Resilience, and Ambition both in competition and in how they supported teammates and competitors alike. They represented Mildenhall College Academy exceptionally well and showed the school in a very positive light.

Sports Hall Athletics Leadership

On Monday 26th and Wednesday 28th January MCA hosted the Sports Hall Athletics competitions. These were with a variety of ages groups, meaning our leaders had to adapt the way they approached the leading of their events.

As always this did not phase them. Across the events, students stepped up with confidence, responsibility, and enthusiasm, helping to create a positive and well-organised atmosphere for everyone involved. Although at times extremely loud in the sports hall, our leaders continued to demonstrate the MCA TRAITS supporting those around them.

From leading events and timekeeping, to supporting the younger students, our leaders demonstrated teamwork, initiative, and respect. Their ability to communicate clearly with each other, the participants and organisers, solve problems, and lead by example played a key role in the smooth running of both event.

We are incredibly proud of the way our students embrace these leadership opportunities. Their efforts not only contributed to a successful athletics event, but also reflected the strong values of our school community.

U18 Football

MCA hosted Abbeygate in the first round of the under 18 Suffolk cup. Both teams started well and were able to put together some promising attacks without working either goalkeeper. Abbeygate created the first real opening when after good play down the right led to a curling shot being brilliantly tipped onto the bar by Jack Hardinge. Lewis Morley started to get a hold of the ball and began to dictate the play and this led to a shooting opportunity for Henry Edwards whose shot was well saved.

MCA did take the lead with 5 minutes of the first half remaining, the ball was well won back by Josh Sole Strevens who played in Lewis Morley who rolled the ball into Henry Edwards whose curling shot found the bottom corner. Abbeygate then equalised on the stroke of halftime, a stinging shot by the Abbeygate winger was brilliantly saved by Jack Hardinge but the Abbeygate striker was the quickest to react and poked home from close range, 1-1 at halftime.

MCA made a really bright start to the second half and this helped by the excellent pressing of Harry Williams, Bailey Gibbs and Harry Davis. Abbeygate looked to play long and their attacks were dealt with resolutely by Joao Carvalho and Rhys Horrex. MCA almost took the lead after brilliant work on the right from Bailey Gibbs his shot whistled past the post with the Abbeygate goalkeeper a mere spectator. MCA then began to up the intensity and Jack Gathercole's through ball was just too strong for Harry Williams who would have been through on goal.

Jesse Lyons continued to be resolute along the left hand side of defence. Alex Reid then thought he had given MCA the lead, he linked up beautifully with Lewis Morley only to see his goal bound shot blocked.

With 5 minutes left MCA then retook the lead. After excellent play down the left from Henry Edwards and the veteran Harry Davis, the ball found the feet of Jack Gathercole whose curling shot nicked off the Abbeygate defender and into the goal. Abbeygate almost equalised but an excellent block by Harry Davis and Aedan Bennett prevented a scoring opportunity.

With seconds left Abbeygate threw everything forward for a corner. As the ball was swung in, the ball clipped the hand of Lewis Morley and Abbeygate dispatched the resulting penalty kick. 2-2 Full time.

We headed to penalties and Abbeygate elected to take first and scored. Lewis Morley atoned for his handball by finding the bottom left-hand corner. Abbeygate then scored as did Rhys Horrex. Abbeygate then scored again, but Jack Hardinge got a big hand to it. Abbeygate tucked theirs home and Henry Edwards replied by rolling his into the bottom corner.

Abbeygate scored again and Jack Gathercole scored to take us into the final penalties at 4-4. Jack Hardinge came up big by diving low to his right to make a fine save. It was then left to the veteran Harry Davis, who sent the goalkeeper the wrong way to book MCA's place in the next round.

The boys were excellent and it was a high quality game played in the right spirit.



U12 Sportshall Athletics

On Thursday 28th of January it was the Year 7 Sports Hall Athletics West Suffolk event that was held at MCA. A variety of schools attended, with all schools having a boys and a girls team.



The boys teams' first race of the day was the 4 x 1 lap obstacle relay which was taken part in by Alfie Brewer, Charlie Salter, Romman Flatt and Oliver Curtis. The boys made a really solid start here with everyone running good individual legs, which led to MCA getting 2nd place in the first race, a great start. Next up on the track was the two lap race, here, Jamie Liles and Joseph Middleton represented MCA in fine fashion, coming 2nd and 3rd in their two races respectively.

As well as track events, the students all got a chance to take part in some field events, these consisted of shot put, speed bounce, standing long jump, standing triple jump and vertical jump. The best individual result here from MCA was Thomas Procter who won the standing long jump competition.

Thomas, also starred in the 4-lap race, winning that comfortably, even after starting out a bit too fast. Alfie Brewer also participated in the 4-lap race, running a well-controlled race also finishing in 1st position. MCA were now taking a real hold of the track events, and this was backed up by another solo performance from Ethan Lee, who won the longest race of the day- the 6-lap race! The last race on the track was the

4 x 2 lap relay, here Charlie Salter, Romman Flatt, Thomas Procter and Oliver Curtis ran for MCA, they ran hard from start to finish, with each person finishing in the lead for their leg, leading to, yet another, MCA win.

It was finally time for the results. And after all the track and field races of the day MCA and Stour Valley were tied in 1st position, both on 81 points. This meant the winner would be decided by who won the most individual events. Stour Valley had won 4, and MCA had won 5, meaning the MCA boys came in a well-deserved 1st place.

The U12 girls' team produced an outstanding performance at the Sports Hall Athletics competition, delivering excellent results across both the track and field events. In the field events, MCA showed great consistency and strength. **Ola Dyner** and Evelyn Howard were joint winners of the standing long jump, while Izabelle Manns and Evelyn secured victory in the shot put. In the remaining field events, standing triple jump, vertical jump and speed bounce, the MCA girls performed superbly, finishing 2nd place in each event and contributing valuable points to the team total.



When the girls took to the track they made an immediate impact. The first event of the day was the obstacle relay, where Izabelle, Evelyn, Jasmine Gee and Grace Satterley ran a confident and well-organised race to secure 1st place. This strong start set the tone for the rest of the competition.

Next was the two-lap race, where MCA dominated both heats. Ola won her heat, followed by Rachel Groves, who took 1st place in hers. The momentum continued in the four-lap races, with Martha Harwood winning heat one and Nell Pearce winning heat two, demonstrating excellent endurance and race control. In the longer-distance events, Austeja Balevičiūtė ran a determined race to finish 2nd in the six-lap event.

This was followed by the eight-lap paarlauf, where Nell and Evelyn worked effectively as a pair to secure a solid 3rd-place finish. The final track event was the 4 x 2 lap relay. Izabella, Martha, Rachel and Ola ran strongly from start to finish, showing excellent teamwork and determination to win the race and round off a highly successful day on the track.

Following the completion of all events, the final scores were announced. The MCA girls finished with an impressive total of 85 points, comfortably ahead of the opposition, and were crowned overall winners of the competition. A fantastic achievement and a well-deserved 1st place.

Overall, both the boys and girls teams showed great teamwork and effort across all events, which lead to them being successful with both teams coming in an amazing 1st place. This will see them both qualify for the Suffolk finals event on Friday 6th February at Ipswich. Well done to all involved!

U14 Basketball

On Wednesday 14th February the Year 9 basketball team took on Thurston in a 'friendly' fixture.

The first quarter started and both teams had their fair share of the ball, with chances being missed both ends early on. After a few minutes, it was MCA who broke the deadlock with a lovely taken shot by Oliver Da Costa which gave MCA the lead, he then backed this up with another shortly after making it 4 - 0 to MCA.



MCA dominated the first quarter winning it 10 - 0 which gave us a healthy lead. The second quarter was a more equal affair, MCA still edged it and were the better team which was reflected in the scoreline, at half time it was 14 - 0 to MCA. The third quarter started, and Thurston managed to score their first basket and make it 14-2, after this it was yet another dominated quarter by MCA, with baskets coming from Ishtiaq Begg and Rhys Riley enabling MCA to win the third quarter and be in the lead 22-4.

The last quarter started, and it started a lot more hectic with both teams taking advantage of the full court press. Thurston scored a few baskets as did MCA with Oliver Wells and Caden Kyte scoring some good baskets which kept a good gap in the scoreline. Full time came and MCA were the deserved victors 28 - 8.

Overall, it was a fun game of basketball with the boys scoring some really good baskets coming away with a thoroughly deserved win.

U14 Basketball- National Cup

After winning the Suffolk County Championships back in December the U14 basketball team made it to the National play offs, a knockout competition made up of 64 teams around England, with the National final taking place in Manchester.



MCA's first round was against Cliff Park Ormiston Academy and the match was at MCA on Friday 30th January, with tip off at 1:30pm. The boys were in the sports hall early from 1pm getting fully warmed up for the game, with the other team travelling 2 hours to get to us we knew the first quarter was critical to get a good start in the game. As soon as the game tipped off MCA were on the front foot, playing some good basketball from Emil Skorek, Riley Warren, Sean Doyle, Elliott Lloyd and David Kurcon getting a good lead of 8 - 0 within a few minutes of the first quarter. Cliff Park started to get into the game scoring a few good baskets themselves, however, after the first quarter MCA had a good lead of 28 - 16. The second quarter started and the changes were made, the second quarter started as well as the first, with MCA once again doing some good plays which lead to us picking out our main target player Emil to put the ball away.

Ka'mari Jones- Clarke, Logan Swan, Lukasz Kurcon and Paavan Balrey all starred in this

quarter putting in a good performance for the team, end of the second quarter and the score was 47 - 24 to MCA.

After dominating the first half of the game, substitutions were being made more regularly which allowed Cliff Park to start scoring more baskets, although were still outscored by MCA with some good baskets from Sean and Emil keeping MCA's gap and winning the third quarter 27 - 20. Score after third quarter 74 - 47 to MCA. With one more quarter to go MCA could almost taste victory and a place in the second round of the National cup.

Cliff Park started fast, scoring a lot of baskets that MCA were unable to defend, thankfully, MCA did manage to get their fair share although did not score as many in the last quarter as Cliff Park did, allowing them to outscore us 29 - 17 in the last quarter. The full-time buzzer went and MCA were victorious with a 91 - 73 victory!

Another outstanding performance by the U14 basketball team which gave them a win that was thoroughly deserved seeing them advance to round 2 of the U14 Co-Ed National Cup.



U13 Basketball Vs Breckland, Ixworth

Mildenhall College Academy enjoyed an outstanding day of basketball competition, taking on Breckland High School and Ixworth High School in a display of skill, determination, and teamwork that clearly reflected the academy's core values.

The first game saw Mildenhall face Breckland High School, where the team made an immediate impact. Strong defensive work from Max Manns alongside excellent communication on court limited Breckland to just 10 points. Mildenhall controlled the game from start to finish and secured an impressive 24–10 victory.

Key players Paavan Balrey, Daniel Young, and Filip Skorek led by example throughout the match. Paavan Balrey was particularly influential, scoring the majority of the team's points with confident shooting and great composure. His performance set the tone for the rest of the team and demonstrated ambition and focus.

The second game against Ixworth High School continued the momentum. Mildenhall played with confidence and discipline, moving the ball effectively and maintaining strong defensive pressure. The team showed excellent sportsmanship and commitment, resulting in another convincing win, 30–6.

Once again, Paavan Balrey's scoring ability stood out, supported strongly by Daniel Young's energy and Filip Skorek's all-round contribution. Every player played their part, highlighting the importance of teamwork and collective effort.

Overall, it was an excellent performance from Mildenhall College Academy, with the students representing the academy superbly both on and off the court. The results were well deserved and reflected the hard work, talent, and positive attitude of everyone involved.

Year 11 and 13 Information and Support Evening



Thursday 12th March

Spring Clubs and Activities

Clubs and Activities SPRING 2026



WEEK A&B	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch		<p>Chess Club - All Years - Library (A&B)</p> <p>Year 7&8 Band - \$13 (A&B)</p>	<p>Year 11 Drop In Revision - \$13 (A&B)</p> <p>Playing Cards Club - All Years - \$10 (A&B)</p>	<p>Dungeons and Dragons - \$6 (A&B)</p> <p>Chess Club- Year 12 and 13 - SW9 (A&B)</p> <p>Debate Club- All Years - \$21 (A&B)</p> <p>Keyboard Club - Year 7&8 - \$13 (A&B)</p> <p>Newmarket YFC - All Years - Library (A&B)</p>	<p>Dungeons and Dragons - \$6 (A&B)</p>
After School		<p>Band - All Years - \$13 (A&B)</p> <p>Chess Club - All Years - F11 (A&B)</p> <p>Girls Rugby - All Years - Field (A&B)</p> <p>Boys Rugby - All Years - Field (A&B)</p> <p>Netball - All Years - Hard Courts (A&B)</p>	<p>Basketball - All Years - Sports Hall (A&B)</p> <p>Year 9&10 Football - Astro (A&B)</p>	<p>Fitness- All Years - MCA6 Gym (A&B)</p> <p>Neurodiversity Club - All Years - F17 (A&B)</p> <p>Volleyball and Badminton (A&B)</p> <p>Year 7 & 8 Football - Astro (A&B)</p>	<p>Dodgeball - Sports Hall (A&B)</p>



THE MCA WAY
MEANS WE ARE
READY TO LEARN
BY HAVING THE
FOLLOWING
EQUIPMENT:

Your timetable so
you know where
you should be at all
times

A black or blue
pen (and a
spare)

A ruler for
underlining
titles and dates

A green pen for
responding to
feedback

A pencil for drawing
and an eraser because
making mistakes is part
of learning!

A scientific
calculator for
Maths and Science

The MCA Way

THE MCA WAY

We are here to learn and be successful!

Academic Excellence

Be the best you can be

Contribute positively to the community



Mildenhall College
ACADEMY



We take **PRIDE** in our work because it shows we care about our education and it helps us to review and reflect on our learning and progress.



Presentation of work is important because organised and tidy notes and diagrams are useful to us when we need to revise and prepare for assessments and exams.



Every piece of work should have a **title and date** and these should be **underlined** with titles being centre aligned. **We write in pen and draw in pencil** when completing paper based tasks.



We save our work in organised folders with meaningful names to allow us to find our work later.



We record **new vocabulary** accurately and we take care with our **spelling, punctuation** and **grammar** making use of spell check to help us. We take notice of corrections that have been made by our teacher or suggested by spell check.



We try our best during lessons and when doing homework to **complete the tasks** set so that we can demonstrate the new knowledge and skills we have learned.



We contribute positively to our lessons and we take **responsibility** for our learning. We respond to feedback by completing **DIRT tasks** and showing we have understood by making improvements.

Success@MCA

HOME LEARNING

HOME LEARNING IS AN IMPORTANT PART OF YOUR LEARNING AND IS PART OF THE MCA WAY

- IT HELPS DEVELOP INDEPENDENT WORKING
- IT ENSURES YOU RECALL LEARNING AND THEREFORE HELPS ENSURE YOU SECURE KNOWLEDGE AND KNOW AND REMEMBER MORE
- IT ALLOWS TEACHERS TO SET INDIVIDUAL WORK TO HELP YOU IMPROVE AREAS SPECIFIC TO YOU
- IT PREPARES YOU FOR THE REVISION REQUIRED FOR ASSESSMENTS AND EXAMINATIONS
- IN YEARS 10-13 HOME LEARNING IS SET WEEKLY
- IN YEARS 7-9 MATHS, ENGLISH AND SCIENCE ARE SET WEEKLY WITH ALL OTHER SUBJECTS SET FORTNIGHTLY
- IF YOU DO NOT COMPLETE AND/OR HAND IN YOUR HOME LEARNING ON TIME YOU WILL GET A DETENTION THE FOLLOWING DAY
- YOU CAN ATTEND HOME LEARNING CLUB EVERYDAY AFTER SCHOOL WITH ACCESS TO A QUIET SPACE, STAFF SUPPORT AND IT



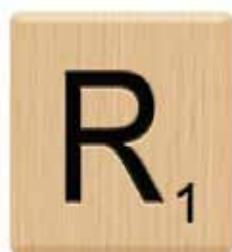


Teamworkers

Together Everyone Achieves More.



Mildenhall College
ACADEMY



Resilient

We make mistakes and face challenges but we never give up.



Ambitious

We have a strong desire and determination to achieve.



Inquisitive

We are curious and interested in the world around us.



Together

We show tolerance and respect for each other and our environment.
'We Belong Here'.



Successful

We will be successful.



10 TOP TIPS For Good Mental Health



We have a number of first aid qualified staff in the academy who are able to respond to any emergencies. Most of the time we are dealing with students who have a headache or who feel unwell in a general sense. In these instances we will contact parents / carers to gain permission for a paracetamol to be given or to inform that a child feels unwell. If a child feels unwell we will offer a drink of water and something to eat if appropriate. We are not able to offer medical care beyond this as we do not have the medical expertise or facilities to do this. In these instances we will contact you for a decision about whether your child comes home or stays in the academy. We try to encourage students to remain in the academy accessing their learning unless they are too unwell.

In any eventuality students must go to student reception for us to contact you and not make contact themselves as mobile phone use is not permitted. If your child has a long term or temporary condition affecting their ability to be in the academy as normal or where we need to be aware for their safety and comfort please contact your child's House Leader who will arrange a meeting and where necessary an individual health care plan.

Resilient@MCA