

Continuum of Understanding and Confidence

0 1 2 3 4 5 6 7 8 9 10

Not Confident

Extremely Confident

Topic	Key Theme	Knowledge and Understanding of...	Start	End
Introduction to SKL	Behaviour for Learning	The rules and expectations of this subject		
		The topics that will be addressed and why they are important		
Feelings and Relationships	SRE	The differences between your own family and someone else's		
	Diversity and Inclusion	The roles and responsibilities within families		
	FBV	The qualities and behaviours of a good friend		
	Child on Child Abuse	How to describe different feelings and emotions		
	Behaviour for Learning	How to describe myself and others with positive language		
Child on Child Abuse (in person and online) and Peer Pressure	Child on Child Abuse	The differences between conflict and bullying		
	SRE	The actions that constitute bullying and cyberbullying and their impact		
	E-Safety	How to report incidents of bullying and cyberbullying		
	Behaviour for Learning	Peer pressure and how it influences our decision making		
		The positive and negative effects of peer pressure		
Internet Safety and Social Media	SRE	How to stay safe online		
	E-Safety	How actions are influenced by others while online		
	Behaviour for Learning			
Human Rights	Diversity and Inclusion	The importance of fairness with how rules are applied		
	Behaviour for Learning	What Human Rights are and their personal relevance in everyday life		
		The rights every child has, regardless of where they are born		
Fairtrade	Diversity and Inclusion	The food options available through the Fairtrade scheme		
		What a fair price for food means for farmers and purchasers		
Building Connections	SRE	How to make friends		
		How to talk to start a conversation		
Cultural Diversity (society and religion)	Diversity and Inclusion	What Culture is in general and specifically to our community		
	FBV	How to respect people's difference		
		Why it is important people are different		
		The impact of prejudice		
FGM	SRE	What it is and who it affects		
	Diversity and Inclusion	Its long-term impact		
		The cultures it exists in		
Upskirting	SRE	What it is		
	Behaviour for Learning	How it could affect members of our community and the support available		
		The repercussions of committing this offence		
Discrimination	Diversity and Inclusion	What discrimination means		
	Behaviour for Learning	How some people are treated unfairly due to characteristics		

		How to identify and react to positive and negative discrimination		
Community	Diversity and Inclusion Behaviour for Learning	What 'community' means		
		Why a community is important		
		What needs to happen for a community to function effectively		
Charity	Diversity and Inclusion Behaviour for Learning FBV	The meaning of charity		
		How it affects our society		
		What can we do to help others		
Young People and the law	Behaviour for Learning FBV	The main powers of the police with regards to stop and search		
		The balance of power needed to prevent abuse of power		
		What happens when a crime is committed by an adult v. a child		
Smoking, Alcohol and Drugs	SAD Healthy Active Lifestyle	The risks and harm caused by smoking and vaping		
		The laws regarding vaping, smoking, cigarettes, and other tobacco products		
		What alcohol is and why it is consumed		
		How alcohol is measured and why there are limits		
		The risks and harms of alcohol and drugs		
		The support available in the community for addiction		
Government (UK and similarities and differences to the rest of the world)	Behaviour for Learning FBV Diversity and Inclusion	What government is in the UK compared to the rest of the world		
		How it affects the way the UK works		
		How a parliament works		
		What a political party is and why they produce a manifesto		
		Voting and why it is important to take part		