

Continuum of Understanding and Confidence

0 1 2 3 4 5 6 7 8 9 10

Not Confident

Extremely Confident

Topic	Key Theme	Knowledge and Understanding of...	Start	End
Respectful Relationships and My Values. Sexual Harassment and Objectification	SRE Diversity and Inclusion Behaviour for Learning Healthy Active Lifestyles E-Safety	What a respectful relationship entails		
		What your personal values are and what is non-negotiable for you in a relationship		
		How and when harassment and sexual harassment happens		
		How to challenge sexualised comments and behaviours		
Give 'n' Get Consent	SRE FBV Child on Child Abuse	The legal definition of consent		
		The legal definition of rape, sexual assault and sexual assault by penetrations		
		The support available to victims		
		The damage victim blaming rather than perpetrator blaming causes		
Contraception (condom demo), when it fails & STIs	SRE Diversity and Inclusion Behaviour for Learning Healthy Active Lifestyles	The different types of contraception and its effectiveness		
		The different options available to your chosen contraceptive method fails		
		The different types of STI's and their implications		
Religion v. Relationships and My Values	SRE FBV Behaviour for Learning	How religion defines marriage		
		How religion defines divorce		
		The familial roles within different religions		
Pornography, Body Image & Upskirting	SRE E-Safety Healthy Active Lifestyles Behaviour for Learning	The impact of pornography on body image and mental health		
		The impact of Upskirting on mental health		
		Victim blaming and how it is used to divert attention away from the perpetrator		
Mental Health, Suicide, Self-Harm & Eating Disorders	E-Safety Healthy Active Lifestyles Behaviour for Learning	The impact on ignoring your mental health		
		The support available if you suffer with poor mental health		
		How to recognise and implement good mental health practices		
Conflict, Religion and Social Media	Diversity and Inclusion FBV Behaviour for Learning	How social media escalate or deescalate conflicts		
		How religion uses social media to spread their messages		
		How religion may be used as a tool to push/end conflicts		
Knife Crime and Content that insights hate	Diversity and Inclusion FBV Behaviour for Learning	The increase of knife crime in society		
		The links between knife crime and violence		
		The law and knives		
Where my money goes & Waste not want not	Careers Finance	What a budget is		
		How to make enough money to achieve life goals		
		Life choices to be able to afford a chosen lifestyle		
Poverty, Religion and Society	Diversity and Inclusion FBV	How religion views charity		
		How religion may promote stereotypes		

	Behaviour for Learning	How society can fight against stereotypes of poverty		
Smoking, alcohol and drugs	SAD Healthy Active Lifestyles	The effects of alcohol and drugs		
		The implications of county lines in our area		
Careers – skills and apprenticeships	Careers Finance	How to present your skills to an employer		
		What an apprenticeship is and its appropriateness for you		
Finances	Careers Finance	The information contained on a payslip		
		The difference between credit and debt		
		How to stay in control of your money		
Gender Identity	SRE Behaviour for Learning Diversity and Inclusion FV	The origins of gender identity		
		The different genders		
		The impact of imposing social constructs on others		