

Mildenhall College Academy



NEWSLETTER



February 2024



MCA - Winners of the Esports Regional Final

Principal: Miss N Hood

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Dates For Your Diary

Last Day of Half Term - Friday 16th February

Half Term Break - Monday 19th - Friday 23rd February

San Francisco Trip - Monday 19th - Friday 23rd February

Students Return - Monday 26th February

GCSE/BTEC Art Trip - Friday 1st March

GCSE Drama Trip - Wednesday 6th March

Year 9 Computing Trip - Thursday 7th March

Legoland Trip - Friday 8th March

Sixth Form History Trip to Chartwell House - Monday 11th March

Business Trip to Colchester Zoo - Tuesday 12th March

GCSE Options Evening - Tuesday 19th March

Year 11 Prefects Trip - Friday 22nd March

Last Day of Term - Thursday 28th March

Easter End of Term Break - Friday 29th March - Friday 12th April

Students return - Monday 15th April



Don't forget to follow us on Facebook and twitter to keep up with important information and all the exciting things taking place at MCA

Dear Parents and Carers

What a lovely half term newsletter with such a varied content. It is lovely to see so much happening in such a short half term and I extend my heartfelt thanks to all the staff and students who make these great things happen and with such success.

We have focused a lot this half term on integrity 'doing the right thing because it is the right thing to do'. This encompasses our values as set out in our mantra Work hard; be kind and our TRAITS especially resilience and teamwork. Life can sometimes be difficult and sometimes we don't want to do something because we lack the energy or because we don't see the point. It is in these moments that these traits are so important. Sometimes we must do something because it is right for other people and not just ourselves.



As an academy we have a wide range of support in place to help students grow and develop the skills and qualities necessary to be prepared for adult life in modern Britain and indeed the world. Mental Health is important for all people no matter their age or circumstances and it is something that we need to focus on and 'keep fit' just as with our physical health. In sport if we want to improve and get better we have to try, practice and train in order to get the results we strive for. This is no different with academic and social challenges and that is why it is so important that we attend every day, make positive choices and contributions in our lessons and above all that we ensure we help create an environment which allows our own success but also the success of others.

I am incredibly proud of the staff and students at MCA and am reminded on a daily basis of their hard work, kindness and success. This is evidenced throughout the newsletter for your enjoyment too.

I wish everyone a happy and safe half term.

Best wishes

A handwritten signature in black ink, appearing to read 'N Hood'.

Miss N Hood
Principal

Work hard; be kind

Working together; supporting individuals

Botanic Gardens Trip

MCA's GCSE Geographers enjoyed a trip to Cambridge Botanic Gardens on Friday 2nd February.

They learnt about plant adaptation for the tropical rainforest and hot desert, and even saw a world-famous, newsworthy Moonflower (*Strophocactus wittii*)



MCA Ex-student Releases Song

Kieran Davis, who is a platinum selling songwriter for K-pop bands and studied Music and Music Technology at MCA⁶, has now turned his attention to his own solo career.

We are so proud of this inspirational singer-songwriter, check out his song below:

<https://songwhip.com/heylate/thank-u>



Top Reader

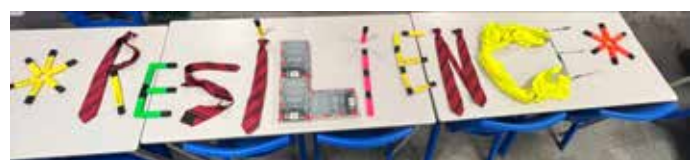
Congratulations to top reader Kaitlyn Fuller, Year 8. She has just received her Gold badge for reading 30 books.

Ambition@MCA





During Morning Meetings students have been discussing Resilience (one of our TRAITS) and have been working in teams to produce 'Art Attack' style representations of the word 'Resilience', some examples of which can be seen here.



'Masters of the Air' Premiere



We were very privileged to be invited to the world premiere of the new Apple TV series, Masters of the Air which was shown at RAF Mildenhall, a full week before it was premiered in London. Masters of the Air follows the exploits of a section of the American Airforce during World War Two - the 'Bloody Hundredth'. These airmen were the direct predecessors of the 100th Refueling Wing who now fly from RAF Mildenhall today, which was why we were so privileged to watch the series early.

We would like to thank Mr Lewis and RAF Mildenhall for allowing us to go and see the film. After writing a letter to explain why we should go, we were lucky to be selected for the trip. This trip has built on what we have been learning about in our Year 9 History lessons concerning

the Second World War. The show was being shown a number of times during the day, but we were able to go to the very first showing at 10:00 am. When we got to RAF Mildenhall we shook many important people's hands, had our photo taken and were given the best seats in the Movie Theatre. As well as getting a range of snacks, we were asked to pick winning tickets from some of those in the theatre! After the show we were officially interviewed outside and asked about our opinions of the show.

The Air Base Commander, Colonel Ryan Garlow, introduced the show and he was as excited as we were to watch the episode. Before it came on, there was even a personal message to the current 100th Refueling Wing at RAF Mildenhall from the Masters of the Air series

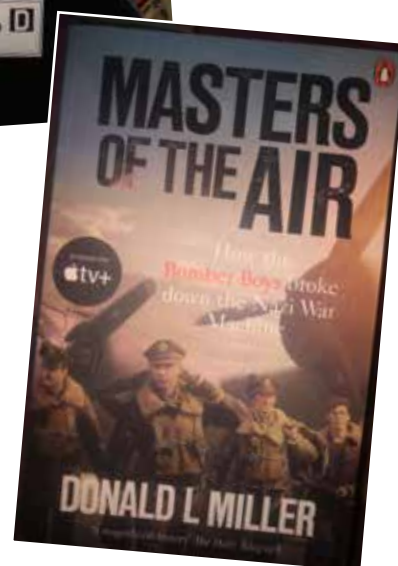
'Masters of the Air' Premiere

Executive Producer, Gary Goetzman, highlighted the important lineage from the Second World War to today. The actual episode was really cool and interesting and we highly recommend watching it.

The horrors that the American military went through during the Second World War can only be described as 'more than gruesome'.



At the end of the show the Chief Master Sergeant, Tiffany Griego, quoted a line from the episode – before their first mission a B17 crew were told that they were trained, prepared and ready and now needed to put this into practice as they flew. She reminded the audience that this was still just as relevant to the aircrews today – that they need to be prepared for action whenever and wherever they are asked to go. To watch Masters of the Air with the current airmen and women of the 'Bloody Hundredth' made for a very surreal and poignant atmosphere. We were watching their history, but it also linked to the importance of what RAF Mildenhall does today. Once again, we would like to thank RAF Mildenhall for the invite to this very special event.



Aiden Bolton and Amy MacDonald,
Year 9

Inquisitive@MCA

There is relief in the air as Year 11 have seen the end of their mocks. With results day at the end of January, there is a new sense of determination to clean up gaps in understanding and clear the path towards (and beyond) their predicted grades. For teachers, it's a great opportunity to see how our students are doing, as well as a good reference point for future work; but what do our students think?

"They weren't as bad as I was expecting. I think they went quite well. I'm happy with my results but know what I need to work on" - Chloe

"I think they went fairly well. I am happy I've done them because now they're out the way and I can focus on the real things" - Ollie

"They were okay. I know what to improve on and it's made me realise I'm not far away from where I want to be at all. I did better than I expected." - Bethany

In the lower school, students have spent time learning new concepts in financial maths. The topics have promoted some great discussions about the unavoidable and undying question, "when are we going to use this in real life?" It has been pleasing seeing students learn from their peers and share their own experiences regarding maths in money.

Year 8s have been focus on algebra this half term, learning concepts such as collecting like terms and expanding brackets.

For many students, Maths is just a core grade they need to go on to do other subjects and fulfil their passions in higher education and working life. However, for many, maths is at the heart of what they want to achieve post-GCSE and will become the foundations for their career.

From engineering to accounting, teaching to analytics, here are a few of the job opportunities a maths qualification could take you into:

- **Acoustic Consultant**
- **Actuarial Analyst**
- **Actuary**
- **Astronomer**
- **Chartered Accountant**

- **Chartered Certified Accountant**
- **Data Analyst**
- **Data Scientist**
- **Investment Analyst**
- **Research Scientist (Maths)**

- **Secondary School Teacher**
- **Software Engineer**
- **Sound Engineer**
- **Statistician**



There are 3 staff birthdays in the Maths Faculty this half term:

Miss Robinson

How I spend my free

time: I love to cook and go for long walks. I'm always planning a new recipe or the next adventure with my partner. Nothing better than a road trip with a Starbucks.



Sporting team I support: McLaren Formula 1!

What I like best about maths: I love the kind of question where you spend a good hour or two tackling it, and then get the most satisfying result at the end. I also love how it has applications everywhere, and links in the most amazing places - particularly with Fibonacci.

Pets I have: Tiguel the tabby cat. He used to be very symmetrical before the fence attacked him.

Things that really wind me up: Slow walkers and a lack of spacial awareness.

Mrs Mantle

How I spend my free

time: BUSY! Badminton, cycling, bell-ringing, church ministry, navigating on car rallies and restoring classic cars.



Sporting team I support: None really but I am a Lewis Hamilton fan.

What I like best about maths: Infinite numbers big & small!

Pets I have: None

Things that really wind me up: People who lie and getting Covid on your Birthday.



Mr Ridley-Hughes

How I spend my free time:

Travelling, rock climbing and playing/watching sport



Sporting team I support: Chelsea

What I like best about maths: Problem-solving with algebra and geometry/seeing hardworking students succeed.

Pets I have: Three-year old rescue cat, Milo AKA little hen

Things that really wind me up: Lorries on the A14



Tower of London Trip



On Thursday 1st February, a company of 40 students and 5 MCA teachers made their way to our nation's capital to take-in the historic sites.

We left the academy at 9:45am to arrive at about 11:45am. We walked to the Tower of London and found a spot to have our lunch.

After lunch, Mr Lewis split us up into groups of 10. I was in Mr Lewis' group. At the Tower of London there were four main sights to see; the Bloody Tower, the Crown Jewels, The White Tower and the 'Gory Story' Wall Walk.

Thankfully, there were no executions planned that day, the last one at this

site was back in 1941.

After having a look inside the Tower of London we came back as one large group and began our Tudor and Stuart walking tour of four historic sites around the city of London.

The first was The Monument on Pudding Lane where the Great Fire of London started in 1666. The fire originally started in a bakery owned by a man called Thomas Farriner, who did not put his oven out correctly. The fire spread throughout London and went on for 5 days. After that we walked across London Bridge to the Golden Hinde, a replica of Sir Francis Drake's ship. He is known for circumnavigating the world between



Tower of London Trip

1577 and 1580. He is also famous for helping to defeat the Spanish Armada in 1588.

The third historic site we visited was the Globe theatre. The Globe is where Shakespeare's plays were performed and is still being used today. The original Globe burned down in 1613 from a theatrical prop misfiring – the one today is a replica.

The final site we stopped at was St Pauls Cathedral which also burnt down, this time during the Great Fire. During the fire, men and women placed their belongings in the cathedral in the hope that God would protect the cathedral and everything in it. However this did not work and the cathedral went up in flames along with everything in it. However the church was rebuilt and this 'new' church did survive the Blitz during the Second World War.

After our walk, we went to a McDonalds across the street and had our dinner there. We then headed to the Vaudeville Theatre where we watched 'SIX the musical'. SIX retells the story of Henry VIII's wives, each of the wives tells their version of HER-STORY and compete in song for who has been treated the worst

by Henry. At the end, they discover they all have been treated badly and should not fight amongst themselves. Once we found our seats, we sat down to watch the show. The show finished at 9:30pm and we got on the bus at 9:40pm to then return home at midnight.

A fun filled day had by all! I am sure that the next group of Year 8s going in March will have just as good a time as we did!

Charlie Swift, Year 8



MCA⁶ Business, Health and Computing January Award

This term, the Business, Health and Computing faculty is giving out the first of its new monthly awards to recognise students who are going above and beyond. Students and staff within the faculty can nominate a student who they feel has really excelled this term. Three students have received an Amazon voucher as a reward for their hard work.

It was good to see some strong nominations, with some of the reasons shown below:

'Always happy to contribute to the class discussion, gets on with work very promptly and submits all coursework on time, happy to provide help and support to others in the group'.

'Has put effort into her studies and has made some good links between knowledge learned in prior units and current units'.

'Fantastic Attitude to Learning - completing ALL course work on time, if not ahead of time'.

'He scored 106 out of 140 on his Computer Science Paper 2 Mock. We are very proud'.

'He always gets his coursework in on time and goes above and beyond when it comes to group projects by bringing us together as a team'.

The winners are:

Domas, Ashley and Ryan

Oxford University Computing Challenge Results

22 students from Years 7-10 took part in a Computing challenge run by Oxford University. Students who have previously taken part and scored highly in the Bebras challenge run in November were given the opportunity to solve some challenges, competing against other students in the country.

There were some tricky programming related challenges and, although none of the students qualified for the next round, there were some very good performances most notably **Daniel Cooper, Jacob Weller, Adam White, George Cashford and Oskar Rompkowski.**

Computer Science: I Belong Programme

The Business, Health and Computing faculty is pleased to announce that Mildenhall College Academy has been recognised for our commitment to encouraging gender inclusion in Computer Science by the National Centre for Computing Education (NCCE).

MCA has completed the national I Belong: encouraging girls into computer science programme, demonstrating a commitment to encouraging girls into Computer Science and improving the gender balance within the subject. The I Belong certificate is awarded by the NCCE, a leading body for computing education in England.

Whilst we know there is a long way to go, we are committed to trying to show girls that there is a rewarding career at the end of learning about computing.

MCA successfully completed all aspects of the programme to achieve the I Belong Programme certificate. The evidence informed programme signposts to a range of activities and approaches most likely to support girls' engagement with the subject.

Mr Sexton attended a celebration event in London on Tuesday 6th February to collect our certificate for being one of the first schools to demonstrate our commitment to improving the gender balance.

The I Belong: encouraging girls into Computer Science programme is part of the National Centre for Computing Education's (NCCE) support to schools and colleges.

It is free for teachers in state-funded education and designed to help schools understand the barriers to girls' participation in Computer Science and form a plan to overcome them.

<https://teachcomputing.org/i-belong>



Esports Regional Final

Each year Digital Schoolhouse runs a national esports competition for secondary school students alongside Nintendo. The game this year is Splatoon 3. Students compete in teams of four using various game modes where the main aim is to splat things with ink guns.

Each school was invited to bring a team to the regional final in Braintree. MCA had an internal competition to find the team to represent us. A team consisting of Aiden Bolton, Ben Chambers, Jack Goodchild and Zach Simmons cruised through the MCA tournament not losing a single game all the way through. They showed teamwork using clear tactics and great communication to achieve Success.

As a result, Mr Sexton took the team to Braintree on the 8th February to compete against other schools from the area at the Game Belong arena. The format was head-to-head, best of five matches with the winner qualifying for the southern semi-final.

Once again, team MCA showed their teamwork, using similar tactics and communication throughout the day. The organisers of the event were impressed with the teams clear game plans for each game mode and were even more impressed when it was clear that the team had read the participant guide and rules through comments they were making during game play. Team MCA managed to navigate the regional final,

eventually beating Philip Morant school in Essex 5 – 0 in the final match. They will now be travelling down to Guild esports in London for the semi-final. They would like to look the part for this so are hoping to secure team t-shirts, if anyone can help with sponsorship for these then please contact Mr Sexton:

martin.sexton@attrust.org.uk



Digital Schoolhouse Workshops

This term MCA has continued to deliver workshops on behalf of Digital schoolhouse. Mr Sexton visited Forest Academy on 8th January to deliver a programming workshop to two groups of Year 5 students. The platform Ozaria was used to teach Python programming which is a common programming language in industry but is also relatively straightforward to learn. Students had fun programming their character to move around the virtual world solving problems as they do. Both classes were brilliant and we can look forward to lots of the students joining MCA within the next two years.

'Wicked' Theatre Trip

On Wednesday 17th January, a group of Year 7 students had the opportunity to visit the West End in London to watch the musical production of 'Wicked'.

The students that attended were impeccably well behaved and were a credit to take on a visit.



Cross Stitch and Crochet Club

In cross-stitch club, we are continuing to work on technique whilst working on the elves we started before Christmas.

We have been focusing on how to start and finish stitches each time we change colour and how to keep the stitches looking neat by ensuring they all go in the same direction.

One student has finished all the cross stitching, learned how to backstitch and finished their elf in a way they wanted it to

look. Others are becoming more confident at starting and ending their stitching. We are all making progress at our own pace. In crochet club, we have been using the stitches that we learnt last term to make small hearts. We are planning to leave these in our community for people to find and hopefully spread some joy.

As always, we would gratefully receive donations of cross-stitch aida and yarn.

Mrs Holden and Miss Davies



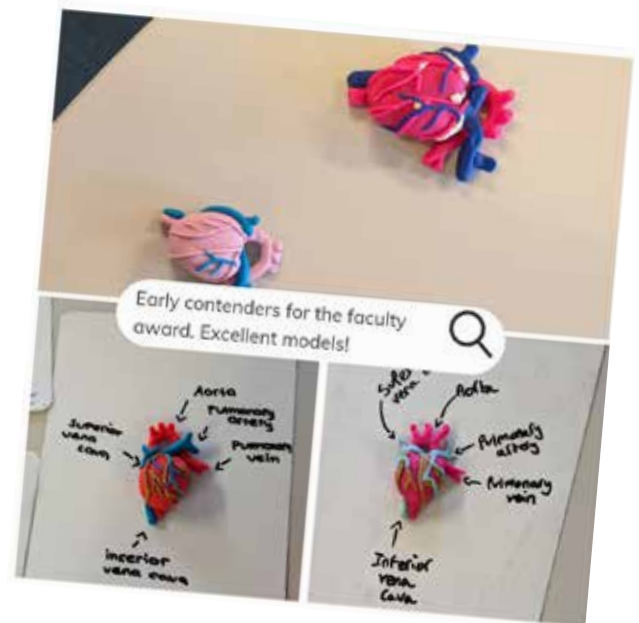


Mildenhall College
ACADEMY



Fundraising Car Wash

Impressive play dough hearts from Year 13 Health and Social Care students.



Year 12 Biologists completing a practical on the respiratory system of a fish.



Ambitious@MCA

Lessons from Auschwitz

The trip to Poland with the Holocaust Educational Trust was an emotional and educational experience.



Before travelling to Auschwitz I and Auschwitz-Birkenau, we visited the town of Oświęcim and were able to learn about pre-war Jewish life there. While in the town, we visited the Market Square and made comparisons between the location in 2024 and the location pre-1939. While doing this, we discovered that the Synagogue we could see in the images had been destroyed by the Nazis when the town was occupied. We also discovered that both Christians and Jews lived peacefully with one another - even celebrating their respective holidays together - until the Nazis forcibly removed the Jewish population from the town. However, we also learned about centuries of anti-Semitism experienced by Jewish people across Europe.

After visiting the town, we travelled just ten minutes to reach the site of Auschwitz I. During the time at Auschwitz I, we were educated by a Polish guide who re-told the history of Auschwitz I, alongside the evidence of the crimes committed by the

Nazis. Some of this evidence included shoes, bags, clothing and hair that was taken from the prisoners.

These rooms were filled with the horrors of the reality of the Holocaust and words cannot describe the emotions that were mutually felt by everyone in the room. As well as viewing the evidence of crimes, we were able to view projections of Jewish life before World War II, showing individuals who suffered brutal persecution at the hands of the Nazis and their collaborators. In this room you could feel the happiness felt by the people in the projections, laughing and dancing with their loved ones, and this further increased the intensity of emotions felt by everyone. It was here that we also walked through the gas chambers that were used for mass-killings.



When we had finished our time at Auschwitz I, we travelled to Auschwitz-Birkenau, where we saw the views of what 1.1 million people saw before their lives were stripped from them. Here we viewed the barracks that the labour prisoners lived in. Hundreds of prisoners would be placed into one of these barracks and were expected to rest well enough to work efficiently. After viewing the barracks, we walked alongside the train tracks to view a model cart of what prisoners would be transported in. Walking alongside the tracks is a moment that really stood out because I could feel my privilege and freedom here, having the choice to walk alongside these tracks and not to actually be in the camp - unlike the 1.3 million who were forced to travel to Auschwitz-Birkenau.

At the end of our time at Birkenau, we held a memorial ceremony to commemorate all of the victims of the Holocaust. As a part of this ceremony, we were able to listen to a prayer from Rabbi Epstein, a Rabbi who travelled alongside us to Poland. This prayer was sung to us in Hebrew, and this was another moment that has stood out to me.

By visiting Auschwitz I and Birkenau, I have become a witness to the crimes committed by the Nazis and have expanded my knowledge of the Holocaust. With this knowledge, I am going to educate others and breakdown misconceptions about the Holocaust, as well as continue to learn about the Holocaust and remember the victims who suffered the most extreme persecution

imaginable. We have also had the opportunity to hear the experiences of a Holocaust survivor in a follow-up seminar and this has helped us to put into perspective what individual victims suffered at the hands of the Nazis.



Charley Cobbold, Year 12



U13 Boys Futsal

The U13 futsal team held their first fixture of the year at home against County Upper on Wednesday 17th January. The boys managed to get in a good warm up prior to the start of the game which meant we got off to a strong start despite this being the first time many of the boys had played futsal before. In the first third, MCA took the front foot by going 3-1 up.



This was mainly down to the consistent communication (mainly by Captain Tobias Barrett) and good link up play between the boys which lead to some superb goals. MCA turned up the gears and the goals came flying in, Callum Clarke and Tobias Barrett got majority of these as a result of good play leading to a 7-1 lead after 2/3 of the game. In the last third the team's positions were changed around to make for more of a contest which lead County back into the game with 2 quick goals making it 7-3. Thankfully stubborn goalkeeping from Freddie Newton meant they could not score any more goals and the game ended with an MCA deserved win of 8-3. This win sees the U13 boys through to the county finals later this year, a brilliant team performance and the win thoroughly deserved.

U14 Boys Football

On Thursday 18th January, the Year 9 boys were knocked out of the Suffolk Cup with a 6-1 loss to Kesgrave. Having beaten Kesgrave in the Suffolk Cup final last year, the boys went into the game full of confidence.

Unfortunately, we struggled to deal with the constant long balls over the top, which was leaving **Ben Cross** with a lot to do 1 on 1 with their strikers, nonetheless, there was nothing he could have done. Mildenhall saw most of the ball throughout most of the game, with Robin Munro, Bailey Gibbs and Henry Edwards looking threatening. Henry was on top form, with the Kesgrave team struggling to deal with Henry all game. He eventually got what he deserved, after taking the ball from the halfway line through a number of Kesgrave defenders, before striking the ball into the far top right corner of the goal. However, it wasn't enough.

The match ended a couple of minutes early, due to an injury to one of the Kesgrave players, however it wasn't as bad as it first seemed, as he was doing well the following day. Mildenhall showed good spirit and battled hard throughout the game, however it resulted in their first loss since Year 7. The boys should be proud of their continued efforts.



Follow the PE Faculty on twitter
@MilPEdept

U15 Girls Football

MCA travelled to Thurston for their County Cup fixture. After some last-minute changes, Gracie-Mai Lloyd was drafted into the squad to support. The girls had a nervy start to the game and we went 1-0 down 10 minutes in. However, a quick return goal from Evelyn Coe brought us back level. Some good play from Thurston brought them closer to our goal and provided them with good scoring opportunities. Unfortunately for MCA, Thurston took their chances and we went into half time 4-1 down.

However, MCA were far from out of it. After a great team talk, with positivity being injected from Ruby Lee **and** Millie Pammenter, the girls went back out to try and wrestle the game back. MCA made an awesome start, connecting a number of passes together and a great cross from Darcy Coe, which was hit in by Evelyn brought us back to 4-2. With a powerful shot, Gracie then scored a blinder bringing us to 4-3.

The girls were starting to believe in themselves, several chances came and went for MCA but we were still fighting. Great defensive work from Lucy Martin on the wing kept us in the game and with excellent throw ins helped us get into some good attacking positions. Amelia Claydon-Soares and Millie worked well together to cover the back and step up when needed. Evie Byrne and Ruby became playmakers in the middle trying to supply passes up to both Evelyn and Darcy. They got themselves stuck in and were an asset to the team. Ellecia

Paflin made some great runs through the middle and down the right-hand side, unfortunately a goal evaded her. In the dying minutes Evelyn managed to scramble the ball in to bring us level to 4-4! We stayed strong for the rest of the game and when the whistle blew, we knew it was penalties. The girls stood strong together, encouraging each other which was lovely to see. The shootout went to 4 penalties. We scored three of our penalties and Ella Brewer made 2 penalty saves to give us a 3-1 win! An incredible comeback, which was deserved.

The fight and determination MCA showed was outstanding. It was a pleasure being your coach and linesman! A game to go down in the history books. Awesome job, on to the next round!



U13 Sports Hall Athletics

Seven Year 8 boys represented the academy in Sports Hall Athletics at Newmarket Academy on the 18th January. During the event the boys were tasked to compete against other schools in a number of different track and field events. The boys fared well against the other schools in all their events, with standout performances from Charlie Bennett and Luke Ring coming 1st and 2nd in their 4 lap races. All of the boys upheld themselves with maturity and respect for others and demonstrated the MCA TRAITS for the whole duration of the event helping them secure a 4th place position overall. Well done!

Seven Year 8 girls also went to Newmarket Academy to compete in the Sports Hall Athletics event. The girls all felt slightly nervous but sprung straight into action in the track events. Great running performances from Erin Hobbs, Holly Bosley, Evie Byrne and Lilly Basing left the girls in very good spirits. Onto the field events and after coming back from their events Erin Bailey, Annabel Slack and Maja Bisewska were all very pleased with their performances. The girls all really enjoyed themselves and made MCA very proud with their conduct and maturity. The girls came 5th overall, well done.

U12 Sports Hall Athletics

MCA held a U12 Sports Hall Athletics fixture on Tuesday 23rd January. Many different schools attended the event and it consisted of 6 track events and 5 field events for both the boys and girls teams.

The boys completed 3 track events and 2 field events each, and they all showed great determination to finish all these events within 2 hours of each other.

Stand out performances on the track include Max Rutter who came 2nd in his 4 lap race, putting in a very impressive performance and Sean Doyle, Max Rutter, Sam Kempa and Harry Winstone who came 3rd place in their obstacle relay, demonstrating excellent teamwork. The boys all thoroughly enjoyed the event and came 5th overall, a great result. The girls also completed 3 track and 2 field events each. They all did amazingly well and put in 100% effort throughout the afternoon.

Stand out performers include Mia Hymus who zoomed her way through the 4 lap race and won it! Secondly, the relay team (Lucy Martin, Isla Edwards, Izzy Coupe and Evelyn Coe) sprinted to get us a second-place finish. And a big shoutout to Evelyn who overtook 3 other teams to get us to second place position! The girls showed positivity and determination throughout and came 6th overall.

U14 Boys Football

MCA U14 boys are through to the final of the West Suffolk Cup for the second year in a row! The boys played at home to Breckland in tough windy conditions. MCA dominated the first half, with some good link up between Bailey Gibbs and Robin Munro. Henry Edwards dominated the game again, creating a number of chances and tracking back well. With the score 0-0 at half time, MCA

needed to find a breakthrough. With the wind against us, the boys played some good football, keeping the ball on the floor. Eventually, the breakthrough came, with a great first-time finish from Max Rose into the bottom corner. Robin then made it 2 with another good finish. MCA continued to dominate the game, however Breckland were trying to use the wind to their advantage, however Ben Cross was constantly alert and sweeping up very well all game. Bailey then finished the scoring off with another good bit of play, firing the ball into the far-left corner. Overall, a dominant display from the Year 9 boys, after a difficult game last time out.

U15 County Futsal Finals

MCA's U15 Futsal team travelled to Suffolk New College to compete in the County Finals against East Point Academy, Debenham High School and Samuel Ward Academy.



The boys played competitively in all 3 games with standout performances from Jacob Watkins in goal and Harvey Coe out field. One of our best games was against East Point who won overall, here the boys

showed good resilience and battled hard to keep themselves in the game whilst scoring a goal and only losing the game 3-1. Although it was not the result we had hoped for, all the boys conducted themselves excellently and were able to give some strong teams a difficult game. Well done boys!

Sports Hall Athletics Leadership

Our MCA Leaders had two leadership events during January - the U12 and U9 Sports Hall Athletics.

We had a range of students and years representing MCA and supporting the events. Their roles varied from timekeepers, to track judges and field officials – working in events such as long jump, shot put and speed bounce, amongst many more! The leaders showed confidence, enthusiasm and maturity throughout which allowed the events to run smoothly. Their encouragement to the young participants only added to the amazing atmosphere at the events. It was lovely to see so many of our students interacting positively with the Primary Schools in the U9 event. They were excellent role models to future MCA students.

Our leaders are an asset to MCA and the leadership programme. A massive thank you to all those who were involved, you were absolute stars!

Teamwork@MCA

U16 Boys Rugby



The U16 boys rugby attended a multi-school tournament at Ipswich school. MCA's first game was against Castle Manor. The game was very even throughout with both teams trading possession. Castle Manor took the lead and were ahead at half time by one try to nil. MCA made a much brighter start to the second half and after a superb run from Andrei Iordache the ball was eventually bundled over the line by Taygen Baranowski. MCA continued to apply pressure and Tyler Baxter making a lot of powerful runs into Castle Manor territory. In pursuit of victory MCA were caught on the break and ended up losing by two tries to one.

The second game against Northgate was also a very close affair. MCA took the lead after superb work passing down the wing. MCA continued to apply pressure and started the second half in control and displayed good defensive work from Jake

Shipp and Riley Stannard. Northgate managed to equalise after good work down the wing. The game ended with one try a piece which was fair end to an evenly contested game. The third and final game proved to be MCA's toughest test and this was against Thurston. MCA took the lead after good pressure from Sharyan Begg and Riley Stannard created an opening for Andrei Iordache. He was illegally pulled to the ground and MCA were correctly awarded a penalty try.

MCA continued to apply pressure and the forward runs of Tyler Baxter were causing Thurston some real problems. However, MCA began to tire and Thurston were able to equalise right before the halftime whistle. MCA continued to press in the second half but in the end Thurston were victorious by 4 tries to 1. MCA conducted themselves superbly throughout the event and were a credit to themselves and the academy.

U14 Boys Futsal County Finals

On Tuesday 30th January, the Year 9 boys travelled to Suffolk New College for the Futsal County Finals, having qualified before Christmas.

We travelled as reigning champions, having won it in Year 8. The boys were excited and looking forward to the challenge. The first game was against St John Lemon, it took a while for the boys to get into the game and gain a bit of momentum, however once the first goal went in there was no stopping them. Dylan Shaw created some good chances and worked hard throughout the game. We finished 5-2 winners, inspired by a Henry Edwards hattrick. With the games being played at a high intensity, the boys welcomed a 2-game break.



We then faced Westbourne Academy in the 2nd game which we came out 4-0 winners. Some great saves from Ben Cross and some solid defending from Max Rose, saw us manage to keep a clean sheet. Bailey Gibbs managed to find his shooting boots as well, scoring 2. Finally, the boys needed a point against Stowmarket, to become overall winners

again. The boys got off to a shaky start, going 1-0 down early on.

With some determination and knowing that a loss was potentially not going to be enough, we got back into the game. Robin Munro came on and started to create some more space and create numerous opportunities. The boys went 5-2 up with 1 minute to go. By trying to see the game out, mistakes started to happen. 5-4 with seconds to go, made for a nervous finish, however they managed to hold on. County Futsal Champions for the second year in a row!

Congratulations to the Year 9 boys who played, you were brilliant once again and represented the academy exceptionally. Scorers: Henry 6, Bailey 4, Robin 3 and Max 1

U16 Girls Football vs Stowupland – West Suffolk Cup Quarter Finals



The U16 girls went to a very windy Stowupland High School. The girls settled in the game well and within 5 minutes MCA were 1-0 up thanks to some great 1-2 football from Evelyn Coe and

Clara Armsby with Clara slotting the ball into the back of the net.

The girls held their own well with great tackles and a strong defence being held by Millie Pammenter, Amelia Claydon-Soares, Clara and holding just in front of the back three Evie Byrne. Evie saw an opportunity to play Evelyn through and with an excellent ball, Evelyn was through on goal and it was 2-0 to MCA. Now dominating the game the girls were more relaxed and playing some fluid football, especially in midfield and on the wings with Emma Claxton, Ruby Lee and Summer Palfrey all gelling together well in midfield. It was then a 1-2 with Summer and Darcy Coe which allowed Darcy to play Evelyn through and put the girls 3-0 up.

After this Stowupland had a ball played through but the safe hands and awareness of goalkeeper Ella Brewer kept them away. Just before half time some individual excellence from Evelyn put the girls 4-0 up and coming off at half time very happy. The start of the second half was eventful. Je-anna Buckle came on to make an excellent contribution to play and was able to push the ball forward so MCA earned a corner. With the corner allowed Clara to climb and head against the post, on the rebound Clara then unfortunately hit the post again with the wind being heavily to blame.

Evelyn then took the ball through on goal and was fouled in the box giving MCA a penalty which she scored to make it 5-0, only a few minutes later for Evelyn to score her 5th and make it 6-0 with a

lovely through ball played by Ruby. In the last 5 minutes, Emma also got her first goal of the game to make it an emphatic 7-0 win for the girls and onto the semi-finals against Castle Manor.

U12 Boys Futsal



MCA hosted a 4-team futsal tournament. MCA played the opening game against County. MCA controlled the early possession and were rewarded for their early control after a well taken finish from Oliver Wells. County then began to gain control but MCA defended well thanks to Reggie White and Sean Doyle. MCA then doubled their lead after Oliver Wells turned beautifully into space and side footed the ball calmly into the far corner. Final score MCA 2-0 County High School.

MCA then faced Samuel Ward Academy in their second game. Samuel Ward Academy took control of the early stages and had most of the possession. David Kurcon made some fantastic saves early on to keep MCA in the game.

MCA then hit Samuel Ward on the counter attack and were awarded a penalty after good work from Oliver Wells who was tripped inside the box. Max Rutter stepped up and drove the ball low into the bottom corner to make it 1-0 to MCA.

MCA then pressed for a second and Kobe Adams found himself in space but the Samuel Ward keeper made a superb save to keep the score 1-0. Samuel Ward then equalised with a well taken goal.

MCA were stunned by this equaliser and were hit with two quick fire goals. MCA battled to the end but Samuel Ward were just too strong in the end. Final score MCA 1 – 3 Samuel Ward Academy.

MCA's final game of the tournament came against Ormiston Sudbury Academy. This game played out much like the first. MCA dominated from the outset and took an early lead thanks to a smart finish from Oliver Wells. This took his total to 3 for the tournament.

MCA then scored a second after a good counter attack and the ball dropped to Samuel Kempa who squared it to Kobe Adams who smashed it in from close range. MCA could have added more but the Ormiston Sudbury keeper made some terrific saves. Final score MCA 2 – 0 Ormiston Sudbury Academy.

The Newmarket Pony Academy

Year 7 student Isaac Mynott has been attending NPA regularly and has been working hard with the British Racing School learning how to ride as well as how to take care of the ponies and horses as part of an after-school programme to support young people's wellbeing, social support and team work while also building up confidence and resilience.

He has made lots of new friends and learning a great amount of skills that will help him flourish.



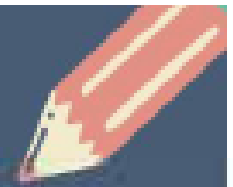
Successful@MCA



Follow the PE Faculty on twitter
@MilPEdept



THE MCA WAY MEANS WE ARE READY TO LEARN BY HAVING THE FOLLOWING EQUIPMENT:



Your timetable so
you know where
you should be at all
times

A black or blue
pen (and a
spare)

A ruler for
underlining
titles and dates

A green pen for
responding to
feedback

A pencil for drawing
and an eraser because
making mistakes is part
of learning!

A scientific
calculator for
Maths and Science

THE MCA WAY - We are here to learn and be successful!



Mildenhall College
ACADEMY

Academic excellence
Be the best you can be
Contribute positively to the community



We take PRIDE in our work because it shows we care about our education and it helps us to review and reflect on our learning and progress.



Presentation of work is important because organised and tidy notes and diagrams are useful to us when we need to revise and prepare for assessments and exams.



Every piece of work should have a title and date and these should be underlined with a ruler. We write in pen and we draw in pencil.



We record new vocabulary accurately and we take care with our spelling, punctuation and grammar. We take notice of corrections that have been made by our teacher.



We try our best during lessons and when doing homework to complete the tasks set so that we can demonstrate the new knowledge and skills we have learned.



We contribute positively to our lessons and we take responsibility for our learning. We respond to feedback by completing DIRT tasks and showing we have understood by making improvements.

Success@MCA

HOME LEARNING

HOME LEARNING IS AN IMPORTANT PART YOUR LEARNING AND IS PART OF THE MCA WAY

- IT HELPS DEVELOP INDEPENDENT WORKING
- IT ENSURES YOU RECALL LEARNING AND THEREFORE HELPS ENSURE YOU SECURE KNOWLEDGE AND KNOW AND REMEMBER MORE
- IT ALLOWS TEACHERS TO SET INDIVIDUAL WORK TO HELP YOU IMPROVE AREAS SPECIFIC TO YOU
- IT PREPARES YOU FOR THE REVISION REQUIRED FOR ASSESSMENTS AND EXAMINATIONS
- IN YEARS 10-13 HOME LEARNING IS SET WEEKLY
- IN YEARS 7-9 MATHS, ENGLISH AND SCIENCE ARE SET WEEKLY WITH ALL OTHER SUBJECTS SET FORTNIGHTLY
- IF YOU DO NOT COMPLETE AND/OR HAND IN YOUR HOME LEARNING ON TIME YOU WILL GET A DETENTION THE FOLLOWING DAY
- YOU CAN ATTEND HOME LEARNING CLUB EVERYDAY AFTER SCHOOL WITH ACCESS TO A QUIET SPACE, STAFF SUPPORT AND IT



Teamworkers

Together Everyone Achieves More.



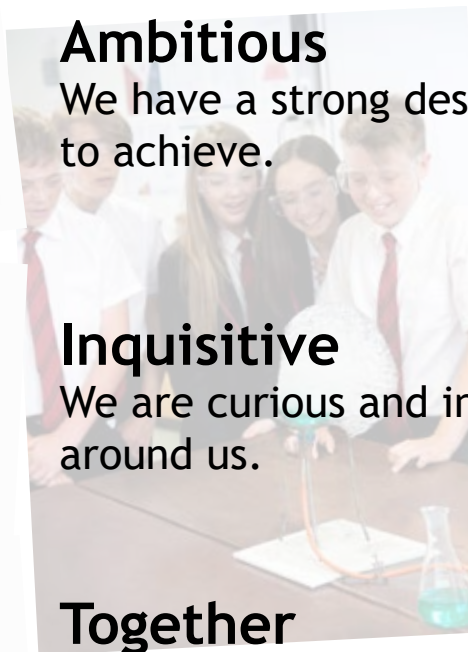
Resilient

We make mistakes and face challenges but we never give up.



Ambitious

We have a strong desire and determination to achieve.



Inquisitive

We are curious and interested in the world around us.



Together

We show tolerance and respect for each other and our environment. 'We Belong Here'.



Successful

We will be successful.



Clubs and Activities SPRING 2024



Mildenhall College
ACADEMY

WEEK A&B	Monday	Tuesday	Wednesday	Thursday	Friday
First Lunch (7/9/11)	Badminton / Volleyball (MWI) (A) Year 7 Football (ABU) (B) Year 7 Training Band in S13 (A&B)		Year 7 Singers S11 (A&B) Wellbeing Wednesday Club - S13 (A)	Year 9 Football (AWA) (A) Basketball (AWA) (B)	Esports – G14 (A&B) Basketball (MHO) (B)
Second Lunch (8/10)		Year 8 Football (NTF) (B) Year 10 Music Coursework Club (A&B)	Wellbeing Wednesday Club - S13 (B)	Esports – G14 (A&B)	
After School	Homework Club Session 1 – 3:30 – 4:00 Session 2 – 4:15 – 5:00pm (A&B) Fitness (MHO/MWI) (A&B) Year 7 and 8 Football (ABU/LFR) (A&B) Basketball (DWE) (A&B) Robotics - G14 (A&B) Main Band (SINFONIETTA) in S13 (A&B)	Homework Club Session 1 – 3:30 – 4:00 Session 2 – 4:15 – 5:00pm (A&B) Year 10 Music Coursework Club (first session) Table Tennis and Fitness (AWA) (A&B) Netball (AMO, MHO) (A&B) Lego Robots – G14 (A&B)	Homework Club Session 1 – 3:30 – 4:00 Session 2 – 4:15 – 5:00pm (A&B) Year 11 Music Coursework/ Revision Club (both sessions) Boys Rugby (AWA) (A&B) Girls Rugby (MWI) (A&B) Badminton (NTF) (A&B) Year 9 and 10 Football (DWE) (A&B) GCSE Revision (BMU) (A&B) Crochet Club (A&B)	Homework Club Session 1 – 3:30 – 4:00 Session 2 – 4:15 – 5:00pm (A&B) Year 11 Music Coursework/ Revision Club (first session) Voice Junction - S11 (A&B) Year 11 Football (A&B)	Homework Club Session 1 – 3:30 – 4:00 Session 2 – 4:15 – 5:00pm (A&B)

10 TOP TIPS For Good Mental Health



We have a number of first aid qualified staff in the academy who are able to respond to any emergencies. Most of the time we are dealing with students who have a headache or who feel unwell in a general sense. In these instances we will contact parents / carers to gain permission for a paracetamol to be given or to inform that a child feels unwell. If a child feels unwell we will offer a drink of water and something to eat if appropriate. We are not able to offer medical care beyond this as we do not have the medical expertise or facilities to do this. In these instances we will contact you for a decision about whether your child comes home or stays in the academy. We try to encourage students to remain in the academy accessing their learning unless they are too unwell.

In any eventuality students must go to student reception for us to contact you and not make contact themselves as mobile phone use is not permitted. If your child has a long term or temporary condition affecting their ability to be in the academy as normal or where we need to be aware for their safety and comfort please contact your child's House Leader who will arrange a meeting and where necessary an individual health care plan.

Resilient@MCA