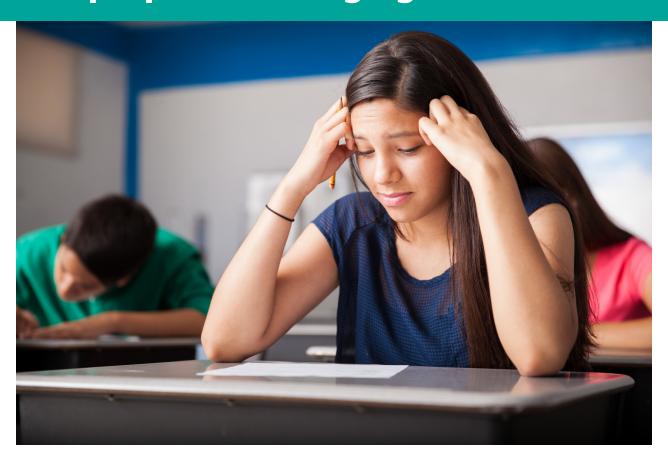


Online workshop Top tips for managing exam stress



It's normal for exams and tests to lead to anxiety, stress, and worry.

Sign up for a free workshop to help you prepare for exams. Filled with hints and tips on how to prepare and manage the stress of exams.

Date: Tuesday 22 March

Time: 7:15 pm Book a place