

Continuum of Understanding and Confidence

0 1 2 3 4 5 6 7 8 9 10

Not Confident

Extremely Confident

Topic	Knowledge and Understanding of...	Start	End
Introduction to SKL	The rules and expectations of this subject		
	The topics that will be covered this year		
Feelings and Relationships	The differences between your own family and someone else's		
	The roles and responsibilities within families		
	The qualities and behaviours of a good friend		
	How to describe different feelings and emotions		
	How to describe myself and others with positive language		
Peer on Peer Abuse (in person and online) and Peer Pressure	The differences between conflict and bullying		
	The actions that constitute bullying and cyberbullying and their impact		
	How to report incidents of bullying and cyberbullying		
	Peer pressure and how it influences our decision making		
	The positive and negative effects of peer pressure		
Internet Safety and Social Media	How to stay safe online		
	How actions are influenced by others while online		
Health and Wellbeing	Puberty and the changes experienced		
	How food and hydration effect our mood and ability to learn		
Human Rights	The importance of fairness with how rules are applied		
	What Human Rights are		
	How Human Rights apply to our everyday life		
	The rights every child has, regardless of where they are born		
Fairtrade	The food options available through the Fairtrade scheme		
	What a fair price for food means for farmers and purchasers		
Building Connections	How to make friends		
	How to talk to people		
Cultural Diversity (society and religion)	What Culture is		
	How to respect people's difference		
	Why it is important people are different		
	The impact of prejudice		

Year 7 Curriculum Overview – SKL 2023-24

FGM	What it is and who it effects		
	It's long term impact		
	The cultures it exists in		
Upskirting	What it is		
	How it could affect members of our community and the support available		
	The repercussions of committing this offence		
Discrimination	What discrimination means		
	How some people are treated unfairly due to characteristics		
	How to identify and react to positive and negative discrimination		
Community	What 'community' means		
	Why a community is important		
	What needs to happen for a community to function effectively		
Young People and the law	The main powers of the police with regards to stop and search		
	The balance of power needed to prevent abuse of power		
	What happens when a crime is committed by an adult v. a child		
Smoking, Alcohol and Drugs	The risks and harm caused by smoking		
	The laws regarding smoking, cigarettes and tobacco		
	What alcohol is and why people drink it		
	How alcohol is measured and why there are limits		
	The risks and harm from alcohol		
	The support available in the community		
Government (UK and similarities and differences to the rest of the world)	What a government is		
	How it affects the way the UK works		
	How a parliament works		
	What a political party is and why they produce a manifesto		
	Voting and why it is important to take part		