Continuum of Understanding and Confidence

0 1 2 3 4 5 6 7 8 9 10

Not Confident

Extremely Confident

Topic	Knowledge and Understanding of	Start	End
Respectful Relationships and My Values. Sexual Harassment and Objectification	What a respectful relationship entails		
	What your personal values are and what is non-negotiable for you in a relationship		
	How and when harassment and sexual harassment happens		
	How to challenge sexualised comments and behaviours		
Religion v. Relationships and My Values	How does religion define marriage?		
	How does religion define divorce?		
	What are the familial roles within the different religions?		
Give 'n' Get Consent	The legal definition of consent		
	The legal definition of rape, sexual assault and sexual assault by penetrations		
	The support available to victims		
	The damage victim blaming rather than perpetrator blaming causes		
Contraception (condomdemo), when	The different types of contraception and its effectiveness		
it fails & STIs	The different options available to your chosen contraceptive method fails		
	The different types of STI's and their implications		
Pornography, Body Image & Upskirting	The impact of pornography on body image and mental health		
	The impact of Upskirting on mental health		
Mental Health, Suicide, Self-Harm & Eating Disorders	The impact on ignoring your mental health		
	The support available if you suffer with poor mental health		
	How to recognise and implement good mental health practices		
Conflict, Religion and Social Media	How does social media escalate or deescalate conflicts?		
	How is religion using social media to spread their messages?		
	How is religion used as a tool to push/end conflicts?		
Knife Crime and Content that insightshate	The increase of knife crime in society		
	The links between knife crime and violence		
	The law and knives		
Where my money goes & Waste not want not	What is a budget?		
	How do I make enough money to achieve my goals in life?		
	What do I need to do make sure I am able to afford my lifestyle?		
Poverty, Religion and Society	How does religion view charity?		

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	How does religion fight against charity?	
	How does religion keep these stereotypes alive? How do they fight them?	
Smoking, alcohol and drugs	The effects of alcohol and drugs	
	The implications of county lines in our area	
Careers – skills and apprenticeships	How to present your skills to an employer	
	What an apprenticeship is and its appropriateness for you	
Finances	The information contained on a payslip	
	The difference between credit and debt	
	How to stay in control of your money	
Gender Identity	The origins of gender identity	
	The different genders	
	The impact of imposing social constructs on others	