

Free May Half Term Holiday Activities -

Our FREE activities are back this May Half Term holiday with sessions running across the region.

We have 4 sessions available:

Family Park Cooking	- Every family will cook a hearty lunch and receive ingredients for 5 meals for the family.
Adventure Days	- A 6 hour Action Packed Adventure Day including a packed lunch and snacks.
Teen Challenge Days	- Activities such as Snorkelling, Climbing and Combat Archery including hot food.
Swimming	- Free swimming and a lunch for families.

These sessions are FREE for any children Eligible for free school meals - Pupil Premium (Not KS1 universal free school meals).

- Eligible for free school meals - Pupil Premium (Not KS1 universal free school meals).
- Children with SEND (EHCP/BSP/Activities Unlimited Member)
- Young carers
- Children in care
- Foster children
- Children at risk of exploitation
- Children in financial hardship
- Ukrainian or other Refugees

To book parents must email:

Email: HAF@acleisure.com providing the session they want to book and the town they live in.

Call: **01284 757495** leave their name, number, town and session they want to book.
(Voicemails are checked on Mondays, Wednesdays and Thursday)

E-Vouchers

Voucher codes are not required for this holiday. Parents just need to select their eligibility criteria when booking

All enquiries please email: HAF@acleisure.com

Extreme Adventure Days – for SEND children

In addition to our free sessions, we also have a new activity day this holiday funded by Activities Unlimited.

This session is only available for children who are Activities Unlimited Members, Young Carers or are registered with SEND (EHCP/BSP)

The day is heavily subsidised and only costs £10 per person to take part in Combat Archery, Rock Climbing and Axe Throwing.

Paid Adventure Days -

For any young people that don't meet the above criteria we do have spaces on our Adventure Days for sale – these are priced at £24 per day for children aged 8-12 years.

Tickets can be booked by visiting <https://www.acleisure.com/exploreoutdoor/children-and-families/> or using the following QR code on the poster below.

Below is a list of our activities and locations:

Session Type	Age	Location	Dates	SEND Supported Days
Family Park Cooking	5 yrs+	Bury	May 30th, 31st	
Family Park Cooking	5 yrs+	Sudbury	June 1st, 2nd	
Family Park Cooking	5 yrs+	Hadleigh	June 1st	
Family Park Cooking	5 yrs+	Stowmarket	May 30th, 31st	
Family Park Cooking	5 yrs+	Haverhill	June 1st, 2nd	
Family Park Cooking	5 yrs+	Woolpit	June 2nd	
Adventure Days	8-12 yrs	Sudbury	May 30th, 31st	30 th May
Adventure Days	8-12 yrs	Haverhill	June 1st, 2nd	1 st June
Adventure Days	8-12 yrs	Stowmarket	May 30th, 31st	30 th and 31 st May
Teen Challenge Day	11-16 yrs	Haverhill	May 30th	
Teen Challenge Day	11-16 yrs	Newmarket	May 31st	
Swimming	5 yrs+	Hadleigh	30 th May – 2 nd June	
Swimming	5 yrs+	Sudbury	30 th May – 2 nd June	
AU Extreme Adventure Day	8-16 yrs	Stowmarket	June 2nd	Only for SEND (£10pp)

SEND SUPPORT:

There is ONLY Additional SEND support on the dates listed above:

On these days we provide an extra instructor increasing our ratio from 1:10 to 1:5 to provide a little extra support to those that need it. Children will still be expected to be independent and manage their own behaviour and interactions with other children as set out in our behavioural policy.

Please note bookings are made on a first come first served basis. Spaces are limited! Contact us if your chosen venue or date has been booked, and we might be able to provide an alternative venue or add you to a waiting list.

All enquiries please email: HAF@acleisure.com

FAMILY *Park* COOKING



30th May - 2nd June

Stowmarket
Sudbury
Hadleigh
Woolpit
Haverhill
Bury st Edmunds

FREE

For those who are
eligible for free
school meals or meet
eligibility criteria

Adults and children take part in an amazing
unique experience, away from the normal
pressures of life.

These sessions include outdoor activities,
outdoor cooking class with a lunch provided,
a recipe book and videos, and a food box for
a family of 4.



www.acleisure.com/HAF



SUFFOLK
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Council



 **Abbeycroft Leisure**
INSPIRING A HEALTHIER YOU

ADVENTURE

Days

For children aged 8-12



Stowmarket
1st Combs Scout Hut

Tues 30th May	Wed 31st May
Archery	Combat Archery
Axe Throwing	Fire Lighting
Catapult Building	Bottle Rockets

Sudbury
Stevenson Centre

Tues 30th May	Wed 31st May
Combat Archery	Bottle Rockets
Fire Lighting	Archery
Catapult Building	Axe Throwing

Haverhill
East Town Park

Thurs 1st June	Fri 2nd June
Combat Archery	Archery
Bottle Rockets	Fire Lighting
Axe Throwing	Shelter Building



www.acleisure.com/HAF

10am-4pm

FREE

For those who are eligible
for free school meals or
meet eligibility criteria



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ADVENTURE

Days

For children aged 8-12



10am-4pm

FREE

for Activities
unlimited members /
Young Carers /
Children registered
with SEND

Across Suffolk
30th May - 1st June



SEND Supported Sessions

Stowmarket 30th - 31st May

Sudbury 30th May

Haverhill 1st June

Archery
Geocaching
Axe Throwing
Fire Lighting
Shelter Building
Bottle Rockets
Team Games

AND MANY MORE !

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TEEN CHALLENGE

For young people aged 11 -16

10am -2pm

Haverhill Leisure Centre - 30th May

Axe Throwing

X-Height Climbing

Newmarket Leisure Centre - 31st May

Climbing

Combat Archery

BOOK NOW



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FREE SWIM & LUNCH

29th MAY- 2nd JUNE

*Subject to available dates

Swim & lunch will run in the school holidays providing a **FREE** swim and nutritious meal for families and young people who are eligible for free school meals in the holidays

Kingfisher Leisure Centre (Sudbury)
Hadleigh Pool and Leisure

To book:

Email: HAF@acleisure.com

Call: 01284 757473

For more info, visit

www.acleisure.com/HAF



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**ACTIVITIES
UNLIMITED**



EXTREME ADVENTURE

Days

For children aged 8-16

Stowmarket

2nd June

10am - 2pm

£10

per child for Activities
unlmted members / Young
Carers / Children registered
with SEND

**Axe Throwing
Climbing
Combat Archery**

These sessions are subsidised by
Activities Unlimited and aimed at
young people with levels of
disability need 1/2 who can
operate indepedantly.

www.acleisure.com/HAF



**ACTIVITIES
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West Suffolk
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ADVENTURE

Days

For children aged 8-12



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Haverhill
East Town Park

Thurs 1st June	Fri 2nd June
Combat Archery	Archery
Bottle Rockets	Fire Lighting
Axe Throwing	Shelter Building



www.acleisure.com/exploreoutdoor

10am-4pm

£24

per child per day

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