

OCR Extended Certificate (single award)

Health & Social Care	Term 1	
Unit Title	Unit 10 Nutrition	Unit 4 Anatomy and physiology
Approximate number of lessons	14	14
Curriculum content	<ul style="list-style-type: none"> • Understand factors which influence nutritional health • Be able to make recommendations to improve nutritional health 	<ul style="list-style-type: none"> • Understand the sensory systems, malfunctions and their impact on individuals • Understand the musculoskeletal system, malfunctions and their impact on individuals • Understand the control and regulatory systems, malfunctions and their impact on individuals
Links to prior learning	GCSE knowledge of nutritional content of food Understanding of different needs of people	Foundation knowledge of basic structure of eye from GCSE Science
Cultural Capital opportunities	Choose a product (eg pizza, ready- prepared meal) Read about the contents & find out how nutritious the food is – what is lacking – how can nutrition be improved?	Look up 3d image of heart – be able to explain how it works Visit Science Museum, London
Assessment focus	Coursework	Knowledge Tests L06 assessment (40 marks) Mock exam 1 (60 marks)
Link to knowledge organiser	Unit 10- Nutrition	Unit 4- Anatomy and physiology

Year 13 Curriculum Overview Health & Social Care 2023-2024

Health & Social Care	Term 2
Unit Title	Unit 5
Approximate number of lessons	22
Curriculum content	<ul style="list-style-type: none"> Understand the role of the health and social care worker in controlling infection Understand infection control in health and social care
Links to prior learning	Understand different types of pathogen (bacteria, virus and fungi) from GCSE Science
Cultural Capital opportunities	Research/watch videos on viruses & bacteria
Assessment focus	Coursework
Link to knowledge organiser	Unit 5- Infection control

Health & Social Care	Term 3
Unit Title	Catch up and revision for resits
Approximate number of lessons	14
Curriculum content	Student/ teacher led based on outstanding work