

The aim of our **Early Help Offer** is to identify where support may be needed and to prevent problems from escalating. Elements of our offer are open to all students whereas some support is targeted to individuals and their families. By identifying and providing help early, we aim for positive outcomes for all students.

Examples of Early Help at Mildenhall College Academy

Support for Students

Breakfast Club -Tea and Toast (free to all students)

Easily accessible tutors, House Leaders, Student Support Officers and the Safeguarding Team

Mentors – Adult and Peer

School Fire Liaison Officer – Mentoring and Fire Break Course

Time-Outs – to the House Support Hub or the Sensory Room

Drop-ins run by our Community Support Worker

A trained Mental Health Lead and Mental Health First Aiders

Qualified First Aiders

Mental Health and Emotional Wellbeing Interventions including anxiety workshops, exam resilience, Draw and Talk, My Big Life

Referrals to agencies including: Educational Welfare Officer, Forest Heath School Nursing Team, Suffolk Young Carers, Mental Health School Support Team, External Early Help Support through completion of a CAF, MASH Referrals

Speech and Language support

A range of club activities running during lunchtimes and after school – (Homework club, sports clubs ***this term's clubs to be added***)

Late bus

Home Visits

Support for Parents and Carers

Meetings with staff – academic and pastoral

24-hour Call Back

Free Access to Creative Education resources supporting parenting and mental health

Parents' and Carers' Evenings

Parent and Carer working groups

Referrals to Food Banks

CAF offered

Up-to-date information on the academy website