

YEAR 10 LEVEL 2 BTEC SPORT CURRICULUM MAP

	<b>Term 1</b>		<b>Term 2</b>		<b>Term 3</b>	
<b>Unit Title</b>	Unit 2: Practical Sports Performance.	Unit 2: Practical Sports Performance.	Unit 2: Practical Sports Performance.	Unit 1: Fitness for sport and exercise.	Unit 1: Fitness for sport and exercise.	Unit 1: Fitness for sport and exercise.
<b>Approximate Number of Lessons</b>	8	8	8	6	6	6
<b>Curriculum Content</b>	Learning aim A: Understanding the rules, regulations and scoring systems of selected sports.	Learning aim B: Practically demonstrate skills, techniques and tactics in selected sports.	Learning aim C: Reviewing performance	Learning aim A: Know about the components of fitness and the principles of training.	Learning aim C: investigating fitness tests to determine fitness levels	Learning aim B: Explore different fitness training methods.
<b>Links to prior learning</b>	Links to officiating a range of sports in year 7-9	Links to developing skills in a range of sports in year 7-9	Links to highlighting strengths and areas for development in own performance in year 7-9	Unit 2: Learning aim B. Links to discussion of components of fitness in a range of sports.	Links to units on fitness in year 7-9.	Links to units on fitness in year 7-9.
<b>Cultural Capital Opportunities</b>	<p>Read Howard Webb's autobiography 'The Man in the Middle'.</p> <p>Read Nigel Owens autobiography 'Full Time'</p> <p>Watch the current major sporting competitions and observe the official's roles and responsibilities.</p>	<p>Watch current sporting events and observe the techniques and tactics used by the players and teams.</p> <p>Attend your local sports club to improve your techniques and application of tactics (speak to your teachers for advice).</p>	<p>Go and watch a local sporting events. Look at what the players strengths and areas for development are.</p> <p>Attend your local sports club to improve your techniques and application of tactics.</p>	<p>BBC iPlayer documentary: The Truth About Getting Fit.</p> <p>YouTube: The Test of Fitness.  <a href="https://www.youtube.com/watch?v=3eGgWEr-Vv8">https://www.youtube.com/watch?v=3eGgWEr-Vv8</a></p> <p>YouTube: Mr B BTEC Sport.</p> <p>Attend your local sports (speak to your teachers for advice).</p> <p>Keep up to date with current sporting events in the news and media.</p>		

<b>Assessment Focus</b>	PowerPoint assignment and presentation.	PowerPoint assignment and practical demonstration.	Written report	External exam. 60 marks in 75 minutes
<b>Name of Knowledge Organiser/Link to Organiser</b>	Unit 2: Rules and Regulations and techniques and tactics knowledge organiser. Specification pages 53-58			<a href="#">Unit 1 revision notes and knowledge organiser.</a> <a href="#">Specification pages 43-50</a>